San Carlos to San Francisco

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| Leg | Notes |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | North on Cedar - continue onto Molitor Rd | 1.1 | 0.1 | Right onto Moreland Dr | 18.3 |
| 0.2 | Right onto Harbor Blvd | 1.3 | 0.2 | Continue onto Longview Dr | 18.5 |
| 0.1 | Right to stay on Harbor Blvd | 1.4 | 0.2 | Left onto College Dr | 18.6 |
| 0.2 | Left onto El Camino Real | 1.6 | 0.5 | Right on College Rd & into parking lot -**REGROUP** at Restrooms | 19.1 |
| 0.1 | Right onto Harbor Blvd | 1.7 | 0.8 | College Rd onto Ysabel Dr | 19.9 |
| 0.1 | Left onto Old County Rd | 1.8 | 0.5 | Left onto Sharp Park Rd - **CAUTION**. DOWNHILL.  | 20.4 |
| 1.2 | Continue onto Pacific Blvd | 3.0 | 1.4 | Right onto Francisco Blvd | 21.8 |
| 0.8 | Slight right onto S Delaware St (at Caltrain) | 3.8 | 0.2 | Left onto Laguna Way; Continue Lakeside | 22.0 |
| 0.6 | Left onto E 25th Ave | 4.5 | 0.2 | Slight left onto Clarendon Rd | 22.2 |
| 0.1 | Right onto Palm Ave | 4.6 | 0.0 | Continue onto Palmetto Ave | 22.2 |
| 1.4 | Right onto 9th Ave | 5.9 | 1.2 | Left onto W Avalon Dr | 23.5 |
| 0.1 | Left onto Laurel Ave | 6.0 | 0.1 | Right onto Esplanade Ave | 23.6 |
| 0.2 | Left onto E 5th Ave. Continue onto Franklin  | 6.2 | 0.6 | Left onto Palmetto Ave | 24.1 |
| 0.1 | Right onto Parrott Dr | 6.7 | 0.6 | Left onto Crenshaw Dr | 24.7 |
| 0.0 | Left onto W 3rd Ave | 6.8 | 0.0 | Right onto Skyline Dr - **REGROUP** @ water tank top of hill (25 mile mark) | 24.8 |
| 0.1 | Continue onto Stonehedge Rd | 6.9 | 2.2 | Right onto Westridge Ave | 27.0 |
| 0.4 | Left onto El Cerrito Ave (**REGROUP** - restroom/water) | 7.3 | 0.0 | Left onto Skyline Blvd (CAUTION - TRAFFIC on Skyline) | 27.0 |
| 0.3 | Right onto Hayne Rd | 7.6 | 2.5 | Slight left onto Great Highway Extension/U.S. Bicycle Rte 95 - (CAUTION - TRAFFIC) | 29.6 |
| 0.7 | Left onto Black Mountain Rd | 8.3 | 2.8 | Right onto Lincoln Way/San Francisco Bicycle Rte 34 | 32.3 |
| 1.4 | Right to stay on Black Mountain - **REGROUP** past Marlborough Rd at Denise)  | 9.7 | 0.0 | Left onto Martin Luther King Jr Dr/San Francisco Bicycle Rte 34 - **REGROUP** | 32.4 |
|  | Continue onto Skyline |  | 0.7 | X Chain of Lakes Dr. East - then Left onto Middle Dr W/San Francisco Bicycle Rte 34 | 33.1 |
| 3.3 | Right onto Rivera –if you miss it, turn at Trousdale) | 13 | 0.8 | Slight left onto Overlook Dr/San Francisco Bicycle Rte 134 | 33.8 |
| 0.2 | Left onto Hunt Dr | 13.3 | 0.3 | Left onto Transverse Dr | 34.2 |
| 0.1 | Left onto Frontera Way | 13.4 | 0.0 | Right onto John F Kennedy Dr | 34.2 |
| 0.1 | Continue onto Vallejo Dr | 13.5 | 1.4 | Right onto Kezar Dr | 35.6 |
| 0.6 | Left onto Millbrae Ave  | 14.1 | 0.0 | Left onto San Francisco Bicycle Rte 830 (1st crosswalk after turn - onto bike path) | 35.7 |
|  | Right onto Skyline Blvd (**REGROUP** at Chevron) |  | 0.2 | Right onto Stanyan St (Left into Whole Foods lot - **LUNCH**) | 35.9 |
| 1.0 | Left onto Larkspur Dr | 15.1 | 0.0 | Right onto Page St | 35.9 |
| 0.1 | Right onto San Andreas Trail | 15.2 | 1.9 | Left on Market St | 37.8 |
| 2.0 | Exit bikepath – **REGROUP at end of path** Left onto Skyline Blvd | 17.3 | 0.4 | Right onto 8th St/San Francisco Bicycle Rte 23 | 38.2 |
| 0.5 | Left onto Sneath Ln - CAUTION TRAFFIC | 17.8 | 0.8 | At the traffic circle, take the 4th exit onto San Francisco Bicycle Rte 23/Townsend St | 39.0 |
| 0.4 | Right onto Riverside Dr | 18.2 |  |  |  |
|  |  |  |  | END – CALTRAIN  |  |