

**Mt. Tamalpais LDT DE**  
**D/4 (5900')/71** **E/4 (6600')/79**

*E OPTION (adds 8.6 miles):*

0.0	L	Civic Center Drive
0.2	L	San Pedro
10.2	R	Union
10.3	L	Mission (Continue to end at "H" Street)

**D OPTION:**

0.0	0.0	L	Civic Center Drive
0.2	0.2	R	San Pedro
0.4	0.6	L	Merrydale
0.2	0.8	C	Bike path
1.3	2.1	R	Mission
0.2	2.3	R/C	Mission
0.3	2.6	R/C	jog L then R on Mission (to end)
0.5	3.1	L	H Street (at "T")
0.1	3.2	R	4th Street
0.1	3.3	R/C	4th Street (at stoplight)
0.2	3.5	L	Greenfield (next stoplight)
<b>0.9</b>	<b>4.4</b>	<b>REGROUP before Lincoln Park</b>	
0.0	4.4	L	Lincoln Park
0.1	4.5	R	Bank
0.1	4.6	X	Sir Francis Drake
0.0	4.6	C	Cont. on path on right side of building to San Anselmo
0.0	4.6	R	San Anselmo Ave
0.2	4.8	L	to continue on San Anselmo (do not cross Center Blvd)
0.3	5.1	R	to continue on San Anselmo
0.6	5.7	C	Lansdale (small frontage road)
0.3	6.0	R	Pastori (then L on Center Blvd)
0.0	6.0	L	Immediate Left onto Center
0.4	6.4	L	Bolinas
<b>4.0</b>	<b>10.3</b>	<b>X</b>	<b>REGROUP at summit parking</b>
<b>6.5</b>	<b>16.8</b>	<b>L</b>	<b>Ridgecrest (REGROUP)</b>
3.8	20.6	C/L	Ridgecrest (at Pan Toll Road)
<b>3.0</b>	<b>23.6</b>	<b>U</b>	<b>at summit (REGROUP)</b>
3.0	26.6	L	Pan Toll Rd.
1.4	28.0	R	Panoramic Highway
3.6	31.6	R	Highway 1 (CAUTION - TRAFFIC)
<b>0.1</b>	<b>31.7</b>	<b>X</b>	<b>REGROUP in Stinson Beach</b>
<b>16.3</b>	<b>48.0</b>	<b>X</b>	<b>LUNCH at Point Reyes Station</b>
0.0	48.0	C	Highway 1 (CAUTION - TRAFFIC)
0.4	48.4	R	Point Reyes- Petaluma Rd.
6.2	54.6	R	Nicasio Valley Road
<b>3.8</b>	<b>58.4</b>	<b>L</b>	<b>Lucas Valley Road (REGROUP)</b>
10.4	68.8	R	Redwood Hwy
1.2	70.0	C	Civic Center Drive
<b>0.8</b>	<b>70.8</b>	<b>L</b>	<b>Armory END</b>

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