

Mt. Tamalpais LDT DE
D/4 (5900')/71 **E/4 (6600')/79**

E OPTION (adds 8.6 miles):

0.0	L	Civic Center Drive
0.2	L	San Pedro
10.2	R	Union
10.3	L	Mission (Continue to end at "H" Street)

D OPTION:

0.0	0.0	L	Civic Center Drive
0.2	0.2	R	San Pedro
0.4	0.6	L	Merrydale
0.2	0.8	C	Bike path
1.3	2.1	R	Mission
0.2	2.3	R/C	Mission
0.3	2.6	R/C	jog L then R on Mission (to end)
0.5	3.1	L	H Street (at "T")
0.1	3.2	R	4th Street
0.1	3.3	R/C	4th Street (at stoplight)
0.2	3.5	L	Greenfield (next stoplight)
0.9	4.4	L	Lincoln Park
0.1	4.5	R	Bank
0.1	4.6	L	Sir Francis Drake
0.0	4.6	R	Tunstead Ave
0.0	4.6	R	San Anselmo Ave
0.2	4.8	L	to continue on San Anselmo (do not cross Center Blvd)
0.3	5.1	R	to continue on San Anselmo
0.6	5.7	C	Lansdale (small frontage road)
0.3	6.0	R	Pastori (then L on Center Blvd)
0.0	6.0	L	Immediate Left onto Center
0.4	6.4	L	Bolinas
0.1	6.5	R	REGROUP Fairfax Twn Hall (water)
3.8	10.3	X	REGROUP at summit parking
6.5	16.8	L	Ridgecrest (REGROUP)
3.8	20.6	C/L	Ridgecrest (at Pan Toll Road)
0.2	20.8	X	Water at Amphitheater
2.8	23.6	U	at summit (REGROUP)
3.0	26.6	L	Pan Toll Rd.
1.4	28.0	R	Panoramic Highway
3.6	31.6	R	Highway 1 (CAUTION - TRAFFIC)
0.1	31.7	X	REGROUP in Stinson Beach
16.3	48.0	X	LUNCH at Point Reyes Station
0.0	48.0	C	Highway 1 (CAUTION - TRAFFIC)
0.4	48.4	R	Point Reyes- Petaluma Rd.
6.2	54.6	R	Nicasio Valley Road
3.8	58.4	L	Lucas Valley Road (REGROUP)
10.4	68.8	R	Redwood Hwy
1.2	70.0	C	Civic Center Drive
0.8	70.8	L	Armory END

Mt. Tamalpais LDT DE
D/4 (5900')/71 **E/4 (6600')/79**

E OPTION (adds 8.6 miles):

0.0	L	Civic Center Drive
0.2	L	San Pedro
10.2	R	Union
10.3	L	Mission (Continue to end at "H" Street)

D OPTION:

0.0	0.0	L	Civic Center Drive
0.2	0.2	R	San Pedro
0.4	0.6	L	Merrydale
0.2	0.8	C	Bike path
1.3	2.1	R	Mission
0.2	2.3	R/C	Mission
0.3	2.6	R/C	jog L then R on Mission (to end)
0.5	3.1	L	H Street (at "T")
0.1	3.2	R	4th Street
0.1	3.3	R/C	4th Street (at stoplight)
0.2	3.5	L	Greenfield (next stoplight)
0.9	4.4	L	Lincoln Park
0.1	4.5	R	Bank
0.1	4.6	L	Sir Francis Drake
0.0	4.6	R	Tunstead Ave
0.0	4.6	R	San Anselmo Ave
0.2	4.8	L	to continue on San Anselmo (do not cross Center Blvd)
0.3	5.1	R	to continue on San Anselmo
0.6	5.7	C	Lansdale (small frontage road)
0.3	6.0	R	Pastori (then L on Center Blvd)
0.0	6.0	L	Immediate Left onto Center
0.4	6.4	L	Bolinas
0.1	6.5	R	REGROUP Fairfax Twn Hall (water)
3.8	10.3	X	REGROUP at summit parking
6.5	16.8	L	Ridgecrest (REGROUP)
3.8	20.6	C/L	Ridgecrest (at Pan Toll Road)
0.2	20.8	X	Water at Amphitheater
2.8	23.6	U	at summit (REGROUP)
3.0	26.6	L	Pan Toll Rd.
1.4	28.0	R	Panoramic Highway
3.6	31.6	R	Highway 1 (CAUTION - TRAFFIC)
0.1	31.7	X	REGROUP in Stinson Beach
16.3	48.0	X	LUNCH at Point Reyes Station
0.0	48.0	C	Highway 1 (CAUTION - TRAFFIC)
0.4	48.4	R	Point Reyes- Petaluma Rd.
6.2	54.6	R	Nicasio Valley Road
3.8	58.4	L	Lucas Valley Road (REGROUP)
10.4	68.8	R	Redwood Hwy
1.2	70.0	C	Civic Center Drive
0.8	70.8	L	Armory END