## Mount Diablo LDT

## **B/4/46** (4,400 feet)

| 6.7   10.8   X   REGROUP ranger station (restroom)     10.8   R   Summit Road     4.6   15.4   X   REGROUP at summit (water/restroom)     15.4   U   Mount Diablo Summit     4.6   20.0   R   North Gate Road (at ranger station)     6.4   26.4   X   REGROUP at park entrance     1.3   27.7   R   Oak Grove Road     0.1   27.8   L   Walnut Avenue (at circle)     1.5   29.3   C   Bancroft Rd.     LUNCH at Country Wood Shopping   Center (Noah's Bagels)     After lunch, left onto Bancroft,<br>in the direction you came then R onto bike path.     0.1   30.0   R   Contra Costa Canal Trail (1st stop light)     Iron Horse Regional Trail (sign says "to 0.9   30.9   L   Walnut Creek") REGROUP     4   At Newell Ave. cross R then L on brick.   2.2   33.1   X   crosswalk (to stay on bike trail).     0.9   30.9   L   Walnut Creek") REGROUP   At Newell Ave. cross Danville Road, then jog R then L back on trail     3.0   34.1   X   Continue on Iron Horse Regional Trail   Hemme Park Restrooms       |                          |      |   |   |  |
|---|--------------------------|------|---|---|--|
| 0.1   0.1   R   Crow Canyon Road     4.0   4.1   R   Mount Diablo Scenic Blvd     4.1   X   REGROUP Athenian School (after turn)     6.7   10.8   X   REGROUP anger station (restroom)     10.8   R   Summit Road     4.6   15.4   X   REGROUP at summit (water/restroom)     15.4   U   Mount Diablo Summit     4.6   20.0   R   North Gate Road (at ranger station)     6.4   26.4   X   REGROUP at park entrance     1.3   27.7   R   Oak Grove Road     0.1   27.8   L   Walnut Avenue (at circle)     1.5   29.3   C   Bancroft Rd.     LUNCH at Country Wood Shopping   Center (Noah's Bagels)     After lunch, left onto Bancroft, in the direction you came then R onto bike path.   Iron Horse Regional Trail (sign says "to 0.9     0.1   30.0   R   Contra Costa Canal Trail (sign says "to 0.9     0.9   30.9   L   Walnut Creek") REGROUP     At Newell Ave. cross R then L on brick   crosswalk (to stay on bike trail).     0.9   30.9   L   | Start: Diablo Vista Park |      |   |   |  |
| i   (becomes Black Hawk Rd)     4.0   4.1   R   Mount Diablo Scenic Blvd     4.1   X   REGROUP Athenian School (after turn)     6.7   10.8   X   REGROUP ranger station (restroom)     10.8   R   Summit Road   4.6     4.6   15.4   X   REGROUP at summit (water/restroom)     15.4   U   Mount Diablo Summit     4.6   20.0   R   North Gate Road (at ranger station)     6.4   26.4   X   REGROUP at park entrance     1.3   27.7   R   Oak Grove Road     0.1   27.8   L   Walnut Avenue (at circle)     1.5   29.3   C   Bancroft Rd.     LUNCH at Country Wood Shopping   0.6   29.9   R     Center (Noah's Bagels)   After lunch, left onto Bancroft, in the direction you came then R onto bike path.     0.1   30.0   R   Contra Costa Canal Trail (1st stop light)     Iron Horse Regional Trail (sign says "to 0.9   30.9   L   Walnut Creek") REGROUP     4   At Newell Ave. cross R then L on brick.   2.2   33.1   X     1.0<   | 0.0                      | 0.0  | L | Tassajara Ranch Drive                       |  |
| 4.0   4.1   R   Mount Diablo Scenic Blvd     4.1   X   REGROUP Athenian School (after turn)     6.7   10.8   X   REGROUP ranger station (restroom)     10.8   R   Summit Road     4.6   15.4   X   REGROUP at summit (water/restroom)     15.4   U   Mount Diablo Summit     4.6   20.0   R   North Gate Road (at ranger station)     6.4   26.4   X   REGROUP at park entrance     1.3   27.7   R   Oak Grove Road     0.1   27.8   L   Walnut Avenue (at circle)     1.5   29.3   C   Bancroft Rd.     1.5   29.3   C   Bancroft Rd.     0.6   29.9   R   Center (Noah's Bagels)     After lunch, left onto Bancroft,<br>in the direction you came then R onto bike path.   Iron Horse Regional Trail (1st stop light)     0.1   30.0   R   Contra Costa Canal Trail (1st stop light)     1ron Horse Regional Trail (sign says "to 0).9   30.9   L   Walnut Creek") REGROUP     2.2   33.1   X   crosswalk (to stay on bike trail).     3.0<  | 0.1                      | 0.1  | R | Crow Canyon Road                            |  |
| 4.1   X   REGROUP Athenian School (after turn)     6.7   10.8   X   REGROUP ranger station (restroom)     10.8   R   Summit Road     4.6   15.4   X   REGROUP at summit (water/restroom)     15.4   U   Mount Diablo Summit     4.6   20.0   R   North Gate Road (at ranger station)     6.4   26.4   X   REGROUP at park entrance     1.3   27.7   R   Oak Grove Road     0.1   27.8   L   Walnut Avenue (at circle)     1.5   29.3   C   Bancroft Rd.     LUNCH at Country Wood Shopping   LUNCH at Country Wood Shopping     0.6   29.9   R   Center (Noah's Bagels)     After lunch, left onto Bancroft,<br>in the direction you came then R onto bike path.   Iron Horse Regional Trail (1st stop light)     0.1   30.0   R   Contra Costa Canal Trail (1st stop light)     Iron Horse Regional Trail (sign says "to 0.9   30.9   L   Walnut Creek") REGROUP     2.2   33.1   X   crosswalk (to stay on bike trail).     3.0   Go under I-680, across Danville Road, 1.0     3.4.1                                       |                          |      |   | (becomes Black Hawk Rd)                     |  |
| 6.7   10.8   X   REGROUP ranger station (restroom)     10.8   R   Summit Road     4.6   15.4   X   REGROUP at summit (water/restroom)     15.4   U   Mount Diablo Summit     4.6   20.0   R   North Gate Road (at ranger station)     6.4   26.4   X   REGROUP at park entrance     1.3   27.7   R   Oak Grove Road     0.1   27.8   L   Walnut Avenue (at circle)     1.5   29.3   C   Bancroft Rd.     LUNCH at Country Wood Shopping   Center (Noah's Bagels)     After lunch, left onto Bancroft,<br>in the direction you came then R onto bike path.     0.1   30.0   R   Contra Costa Canal Trail (1st stop light)     Iron Horse Regional Trail (sign says "to 0.9   30.9   L   Walnut Creek") REGROUP     4   At Newell Ave. cross R then L on brick.   2.2   33.1   X   crosswalk (to stay on bike trail).     0.9   30.9   L   Walnut Creek") REGROUP   At Newell Ave. cross Danville Road, then jog R then L back on trail     3.0   34.1   X   Continue on Iron Horse Regional Trail   Hemme Park Restrooms       | 4.0                      | 4.1  | R |   |  |
| 10.8   R   Summit Road     4.6   15.4   X   REGROUP at summit (water/restroom)     15.4   U   Mount Diablo Summit     4.6   20.0   R   North Gate Road (at ranger station)     6.4   26.4   X   REGROUP at park entrance     1.3   27.7   R   Oak Grove Road     0.1   27.8   L   Walnut Avenue (at circle)     1.5   29.3   C   Bancroft Rd.     LUNCH at Country Wood Shopping   Center (Noah's Bagels)     After lunch, left onto Bancroft,<br>in the direction you came then R onto bike path.     0.1   30.0   R     Contra Costa Canal Trail (1st stop light)     Iron Horse Regional Trail (sign says "to     0.9   30.9   L     Walnut Creek") REGROUP     At Newell Ave. cross R then L on brick     2.2   33.1   X     Go under I-680, across Danville Road,     1.0   34.1   X     Hemme Park Restrooms/Water on   3.3     3.3   37.4   L     Ieft - REGROUP   37.4   C     37.4   C <t< td=""><td></td><td>4.1</td><td>Χ</td><td><b>REGROUP Athenian School (after turn)</b></td></t<>                            |                          | 4.1  | Χ | <b>REGROUP Athenian School (after turn)</b> |  |
| 4.6   15.4   X   REGROUP at summit (water/restroom)     15.4   U   Mount Diablo Summit     4.6   20.0   R   North Gate Road (at ranger station)     6.4   26.4   X   REGROUP at park entrance     1.3   27.7   R   Oak Grove Road     0.1   27.8   L   Walnut Avenue (at circle)     1.5   29.3   C   Bancroft Rd.     LUNCH at Country Wood Shopping   Center (Noah's Bagels)     After lunch, left onto Bancroft,   Inthe direction you came then R onto bike path.     0.1   30.0   R   Contra Costa Canal Trail (1st stop light)     0.1   30.0   R   Contra Costa Canal Trail (isign says "to one station)     0.1   30.0   R   Contra Costa Canal Trail (isign says "to one station)     0.1   30.0   R   Contra Costa Canal Trail (isign says "to one station)     0.1   30.0   R   Contra Costa Canal Trail (isign says "to one station)     0.1   30.0   R   Contra Costa Canal Trail (isign says "to one station)     0.3   Go under I-680, across R then L on brick   Carosswalk (to stay on bike trail).     34.1 | 6.7                      | 10.8 | Χ | REGROUP ranger station (restroom)           |  |
| 15.4   U   Mount Diablo Summit     4.6   20.0   R   North Gate Road (at ranger station)     6.4   26.4   X   REGROUP at park entrance     1.3   27.7   R   Oak Grove Road     0.1   27.8   L   Walnut Avenue (at circle)     1.5   29.3   C   Bancroft Rd.     LUNCH at Country Wood Shopping   0.6   29.9   R     Center (Noah's Bagels)   After lunch, left onto Bancroft,<br>in the direction you came then R onto bike path.     0.1   30.0   R   Contra Costa Canal Trail (1st stop light)     0.1   30.0   R   Contra Costa Canal Trail (sign says "to on Horse Regional Trail (sign says "to on Horse Regional Trail (sign says "to on Song L     0.9   30.9   L   Walnut Creek") REGROUP     4   At Newell Ave. cross R then L on brick.     2.2   33.1   X   crosswalk (to stay on bike trail).     Go under I-680, across Danville Road, 1.0   34.1   X     34.1   C   Continue on Iron Horse Regional Trail     33.3   37.4   L   left - REGROUP     37.4   C   Iron Horse Regional Trail                          |                          | 10.8 | R | Summit Road                                 |  |
| 4.6   20.0   R   North Gate Road (at ranger station)     6.4   26.4   X   REGROUP at park entrance     1.3   27.7   R   Oak Grove Road     0.1   27.8   L   Walnut Avenue (at circle)     1.5   29.3   C   Bancroft Rd.     LUNCH at Country Wood Shopping     0.6   29.9   R   Center (Noah's Bagels)     After lunch, left onto Bancroft,   in the direction you came then R onto bike path.     0.1   30.0   R   Contra Costa Canal Trail (1st stop light)     Iron Horse Regional Trail (sign says "to   Iron Horse Regional Trail (sign says "to     0.9   30.9   L   Walnut Creek") REGROUP     4.1   X   then jog R then L back on trail     34.1   X   then jog R then L back on trail     34.1   C   Continue on Iron Horse Regional Trail     33.3   37.4   L   left - REGROUP     37.4   C   Iron Horse Regional Trail     37.4   C   Iron Horse Regional Trail     37.4   C   Iron Horse Regional Trail     37.4   C   Iron   | 4.6                      | 15.4 | Χ | REGROUP at summit (water/restroom)          |  |
| 6.4   26.4   X   REGROUP at park entrance     1.3   27.7   R   Oak Grove Road     0.1   27.8   L   Walnut Avenue (at circle)     1.5   29.3   C   Bancroft Rd.     1.5   29.3   C   Bancroft Rd.     LUNCH at Country Wood Shopping   0.6   29.9   R     Center (Noah's Bagels)   After lunch, left onto Bancroft, in the direction you came then R onto bike path.     0.1   30.0   R   Contra Costa Canal Trail (1st stop light)     0.1   30.0   R   Contra Costa Canal Trail (sign says "to bike path.     0.1   30.0   R   Contra Costa Canal Trail (sign says "to bike path.     0.1   30.0   R   Contra Costa Canal Trail (sign says "to bike path.     0.1   30.0   R   Contra Costa Canal Trail (sign says "to bike path.     0.1   30.9   L   Walnut Creek") REGROUP     4   At Newell Ave. cross R then L on brick.   Cosswalk (to stay on bike trail).     1.0   34.1   X   then jog R then L back on trail     34.1   X   Iteft - REGROUP   37.4     37.4  |                          | 15.4 | U | Mount Diablo Summit                         |  |
| 1.3   27.7   R   Oak Grove Road     0.1   27.8   L   Walnut Avenue (at circle)     1.5   29.3   C   Bancroft Rd.     1.5   29.9   R   LUNCH at Country Wood Shopping     0.6   29.9   R   Center (Noah's Bagels)     After   lunch, left onto Bancroft,   in the direction you came then R onto bike path.     0.1   30.0   R   Contra Costa Canal Trail (1st stop light)     Iron Horse Regional Trail (sign says "to   Iron Horse Regional Trail (sign says "to     0.9   30.9   L   Walnut Creek") REGROUP     2.2   33.1   X   crosswalk (to stay on bike trail).     0.9   Go under I-680, across Danville Road,   1.0     34.1   C   Continue on Iron Horse Regional Trail     34.1   C   Continue on Iron Horse Regional Trail     33.3   37.4   L   left - REGROUP     37.4   C   Iron Horse Regional Trail     8   REGROUP at umbrellas/benches   5.2     42.6   X   before Crow Canyon Rd.     3.1   45.8   R   Tassajara Ranch Drive   | 4.6                      | 20.0 | R | North Gate Road (at ranger station)         |  |
| 0.1   27.8   L   Walnut Avenue (at circle)     1.5   29.3   C   Bancroft Rd.     LUNCH at Country Wood Shopping   0.6   29.9   R   Center (Noah's Bagels)     After lunch, left onto Bancroft,<br>in the direction you came then R onto bike path.      0.1   30.0   R   Contra Costa Canal Trail (1st stop light)     0.1   30.0   R   Contra Costa Canal Trail (sign says "to     0.1   30.0   R   Contra Costa Canal Trail (sign says "to     0.9   30.9   L   Walnut Creek") REGROUP     2.2   33.1   X   crosswalk (to stay on bike trail).     Go under I-680, across Danville Road,       1.0   34.1   C   Continue on Iron Horse Regional Trail     34.1   C   Continue on Iron Horse Regional Trail     33   37.4   L   left - REGROUP     37.4   C   Iron Horse Regional Trail     REGROUP at umbrellas/benches   5.2   42.6   X     before Crow Canyon Rd.        0.1   42.7   L   Crow Canyon Rd.  <  | 6.4                      | 26.4 | Х | REGROUP at park entrance                    |  |
| 1.5   29.3   C   Bancroft Rd.     1.5   29.3   C   Bancroft Rd.     LUNCH at Country Wood Shopping   0.6   29.9   R   Center (Noah's Bagels)     After lunch, left onto Bancroft,<br>in the direction you came then R onto bike path.      0.1   30.0   R   Contra Costa Canal Trail (1st stop light)     1   Iron Horse Regional Trail (sign says "to     0.9   30.9   L   Walnut Creek") REGROUP      At Newell Ave. cross R then L on brick.     2.2   33.1   X   crosswalk (to stay on bike trail).     Go under I-680, across Danville Road,      1.0   34.1   X   then jog R then L back on trail     34.1   C   Continue on Iron Horse Regional Trail      Hemme Park Restrooms/Water on   3.3     37.4   L   left - REGROUP     37.4   C   Iron Horse Regional Trail      REGROUP at umbrellas/benches   5.2     42.6   X   before Crow Canyon Rd.    1   45.8   R   Tassajara Ranch Drive  | 1.3                      | 27.7 | R | Oak Grove Road                              |  |
| 1.5   29.3   C   Bancroft Rd.     LUNCH at Country Wood Shopping   0.6   29.9   R   Center (Noah's Bagels)     After lunch, left onto Bancroft,<br>in the direction you came then R onto bike path.      0.1   30.0   R   Contra Costa Canal Trail (1st stop light)     0.1   30.0   R   Contra Costa Canal Trail (sign says "to     0.9   30.9   L   Walnut Creek") REGROUP     2.2   33.1   X   crosswalk (to stay on bike trail).     Go under I-680, across Danville Road,   1.0   34.1   X     then jog R then L back on trail   Hemme Park Restrooms/Water on     3.3   37.4   L   left - REGROUP     37.4   C   Iron Horse Regional Trail     REGROUP at umbrellas/benches   5.2   42.6   X     before Crow Canyon Rd.        0.1   42.7   L   Crow Canyon Rd.     3.1   45.8   R   Tassajara Ranch Drive  | 0.1                      | 27.8 | L | Walnut Avenue (at circle)                   |  |
| 0.6   29.9   R   Center (Noah's Bagels)     After lunch, left onto Bancroft,<br>in the direction you came then R onto bike path.  | 1.5                      | 29.3 | С | · · · · · · · · · · · · · · · · · · ·       |  |
| in the direction you came then R onto bike path.0.130.0RContra Costa Canal Trail (1st stop light)Iron Horse Regional Trail (sign says "to0.930.9LWalnut Creek") REGROUP2.233.1Xcrosswalk (to stay on bike trail).2.233.1Xcrosswalk (to stay on bike trail).34.1Xthen jog R then L back on trail34.1CContinue on Iron Horse Regional Trail33.337.4Lleft - REGROUP37.4CIron Horse Regional TrailREGROUP at umbrellas/benches5.242.642.7LCrow Canyon Rd.3.145.8RTassajara Ranch Drive  | 0.6                      | 29.9 | R |   |  |
| 0.130.0RContra Costa Canal Trail (1st stop light)0.930.9LIron Horse Regional Trail (sign says "to0.930.9LWalnut Creek") REGROUP2.233.1Xcrosswalk (to stay on bike trail).2.233.1Xcrosswalk (to stay on bike trail).34.1XGo under I-680, across Danville Road,<br>then jog R then L back on trail34.1CContinue on Iron Horse Regional Trail33.337.4LIeft - REGROUP37.4CIron Horse Regional Trail8.2REGROUP at umbrellas/benches5.242.6X9.145.8R3.145.8R3.145.8R3.145.8R3.145.8R3.145.8R3.2AA3.3AA3.4C3.5A3.6R3.7C3.7C3.7A<   |                          |      |   |   |  |
| 0.130.0RContra Costa Canal Trail (1st stop light)0.930.9LIron Horse Regional Trail (sign says "to0.930.9LWalnut Creek") REGROUP2.233.1Xcrosswalk (to stay on bike trail).2.233.1Xcrosswalk (to stay on bike trail).34.1XGo under I-680, across Danville Road,<br>then jog R then L back on trail34.1CContinue on Iron Horse Regional Trail33.337.4LIeft - REGROUP37.4CIron Horse Regional Trail8.2REGROUP at umbrellas/benches5.242.6X9.145.8R3.145.8R3.145.8R3.145.8R3.145.8R3.145.8R3.2AA3.3AA3.4C3.5A3.6R3.7C3.7C3.7A<   |                          |      |   |   |  |
| 0.9   30.9   L   Iron Horse Regional Trail (sign says "to     0.9   30.9   L   Walnut Creek") REGROUP     At Newell Ave. cross R then L on brick   At Newell Ave. cross R then L on brick     2.2   33.1   X   crosswalk (to stay on bike trail).     Go under I-680, across Danville Road,   Go under I-680, across Danville Road,     1.0   34.1   X   then jog R then L back on trail     34.1   C   Continue on Iron Horse Regional Trail     Hemme Park Restrooms/Water on   Before Crow Canyon Rd.     3.3   37.4   C     Iron Horse Regional Trail   REGROUP at umbrellas/benches     5.2   42.6   X     before Crow Canyon Rd.   0.1     3.1   45.8   R   |                          |      |   |   |  |
| 0.930.9LWalnut Creek") REGROUP2.233.1XAt Newell Ave. cross R then L on brick.<br>crosswalk (to stay on bike trail).2.233.1Xcrosswalk (to stay on bike trail).34.1XGo under I-680, across Danville Road,<br>then jog R then L back on trail34.1CContinue on Iron Horse Regional Trail34.1CContinue on Iron Horse Regional Trail34.1CIeft - REGROUP37.4LIeft - REGROUP37.4CIron Horse Regional TrailREGROUP at umbrellas/benches5.242.6Xbefore Crow Canyon Rd.0.142.7L3145.8RTassajara Ranch Drive  | 0.1                      | 30.0 | R | Contra Costa Canal Trail (1st stop light)   |  |
| At Newell Ave. cross R then L on brick<br>crosswalk (to stay on bike trail).2.233.1Xcrosswalk (to stay on bike trail).Go under I-680, across Danville Road,<br>then jog R then L back on trail34.1X34.1CContinue on Iron Horse Regional Trail<br>Hemme Park Restrooms/Water on3.337.4LIeft - REGROUP37.4CIron Horse Regional Trail<br>REGROUP at umbrellas/benches5.242.6Xbefore Crow Canyon Rd.0.142.7LCrow Canyon Rd.3.145.8RTassajara Ranch Drive  |                          |      |   | Iron Horse Regional Trail (sign says "to    |  |
| 2.233.1Xcrosswalk (to stay on bike trail).1.034.1XGo under I-680, across Danville Road,<br>then jog R then L back on trail34.1CContinue on Iron Horse Regional Trail34.1CContinue on Iron Horse Regional Trail34.1CIcontinue on Iron Horse Regional Trail34.1CIcontinue on Iron Horse Regional Trail37.4LIeft - REGROUP37.4CIron Horse Regional Trail87.4RREGROUP at umbrellas/benches5.242.6Xbefore Crow Canyon Rd.0.142.7LCrow Canyon Rd.3.145.8RTassajara Ranch Drive  | 0.9                      | 30.9 | L | Walnut Creek") REGROUP                      |  |
| 1.034.1Xthen jog R then L back on trail34.1CContinue on Iron Horse Regional Trail34.1CContinue on Iron Horse Regional TrailHemme Park Restrooms/Water on3.337.4LIeft - REGROUP37.4CIron Horse Regional TrailREGROUP at umbrellas/benches5.242.6Xbefore Crow Canyon Rd.0.142.7LCrow Canyon Rd.3.145.8RTassajara Ranch Drive  | 2.2                      | 33.1 | Х |   |  |
| 3.3   37.4   L   Hemme Park Restrooms/Water on     3.3   37.4   L   left - REGROUP     37.4   C   Iron Horse Regional Trail     37.4   C   Iron Horse Regional Trail     8   REGROUP at umbrellas/benches     5.2   42.6   X     before Crow Canyon Rd.   0.1     3.1   45.8   R     3.1   45.8   R   | 1.0                      | 34.1 | Х |   |  |
| 3.337.4Lleft - REGROUP37.4CIron Horse Regional Trail37.4CIron Horse Regional Trail5.242.6Xbefore Crow Canyon Rd.0.142.7LCrow Canyon Rd.3.145.8RTassajara Ranch Drive  |                          | 34.1 | С | Continue on Iron Horse Regional Trail       |  |
| 37.4CIron Horse Regional Trail5.242.6Xbefore Crow Canyon Rd.0.142.7LCrow Canyon Rd.3.145.8RTassajara Ranch Drive  |                          |      |   | Hemme Park Restrooms/Water on               |  |
| 5.2 42.6 X Before Crow Canyon Rd.   0.1 42.7 L Crow Canyon Rd.   3.1 45.8 R Tassajara Ranch Drive   | 3.3                      | 37.4 | L | left - REGROUP                              |  |
| 5.242.6Xbefore Crow Canyon Rd.0.142.7LCrow Canyon Rd.3.145.8RTassajara Ranch Drive  |                          | 37.4 | С | Iron Horse Regional Trail                   |  |
| 0.142.7LCrow Canyon Rd.3.145.8RTassajara Ranch Drive  |                          |      |   | REGROUP at umbrellas/benches                |  |
| 3.1 45.8 R Tassajara Ranch Drive  | 5.2                      | 42.6 | Χ | before Crow Canyon Rd.                      |  |
|   | 0.1                      | 42.7 | L | Crow Canyon Rd.                             |  |
| 0 1 45.9 R Diablo Vista Park END  | 3.1                      | 45.8 | R |   |  |
|   | 0.1                      | 45.9 | R | Diablo Vista Park END                       |  |

## Mount Diablo LDT B/A/A6 (4 400 fee

45.8

45.9

3.1

0.1

R

R

B/4/46 (4,400 feet) Start: Diablo Vista Park Tassajara Ranch Drive 0.0 0.0 L R Crow Canyon Road 0.1 0.1 (becomes Black Hawk Rd) R Mount Diablo Scenic Blvd 4.0 4.1 X REGROUP Athenian School (after turn) 4.1 10.8 X REGROUP ranger station (restroom) 6.7 10.8 R Summit Road X REGROUP at summit (water/restroom) 15.4 4.6 15.4 U Mount Diablo Summit 20.0 R North Gate Road (at ranger station) 4.6 X **REGROUP** at park entrance 6.4 26.4 1.3 27.7 R Oak Grove Road 0.1 27.8 L Walnut Avenue (at circle) 1.5 29.3 C Bancroft Rd. LUNCH at Country Wood Shopping 0.6 29.9 R Center (Noah's Bagels) After lunch, left onto Bancroft, in the direction you came then R onto bike path. R Contra Costa Canal Trail (1st stop light) 0.1 30.0 Iron Horse Regional Trail (sign says "to Walnut Creek") REGROUP 30.9 L 0.9 At Newell Ave. cross R then L on brick 2.2 33.1 Х crosswalk (to stay on bike trail). Go under I-680, across Danville Road, 34.1 Х then jog R then L back on trail 1.0 34.1 С Continue on Iron Horse Regional Trail Hemme Park Restrooms/Water on 37.4 L left - REGROUP 3.3 37.4 C Iron Horse Regional Trail **REGROUP** at umbrellas/benches X before Crow Canyon Rd. 42.6 5.2 0.1 42.7 Crow Canyon Rd. L

Tassajara Ranch Drive

Diablo Vista Park END