

FFS CARQUINEZ STRAITS D/3.0(3700')/50

update:
10/18/22

Type	Notes	Total	AFTER LUNCH WATER WARNING: NO WATER UNTIL BRIONES PARK. CARRY EXTRA ON HOT DAYS		
Left	Bart Way	0			
Right	Bart Way	0			
Slight Right	Santa Maria Way	0.3	Type	Notes	Total
Left	Orinda Way	0.4	Right	Estudillo Street	29.4
Right	Turn right	0.6	Right	Masonic Street	29.5
Sharp Left	Turn sharp left	0.6	Left	Berrellesa Street	29.6
Generic	Restrooms	0.6	Slight Right	Alhambra Avenue	31.5
Slight Left	Keep left	0.7	Sharp Right	Alhambra Avenue	31.7
Right	Orinda Way	0.7	Right	Alhambra Valley Road	32
Slight Right	Camino Pablo	1	Right	Alhambra Valley Road	33.2
Slight Right	Camino Pablo	2.1	Slight Right	Alhambra Valley Road	34.2
Sharp Left	Camino Pablo	2.4	Sharp Left	Alhambra Valley Road	34.4
Sharp Right	San Pablo Dam Road	3.3	Left	Bear Creek Road	38.1
Generic	REGROUP	8.1	Left	Briones Road	42
Right	Castro Ranch Road	8.1	Left	Road into regroup area	42.4
Slight Left	Castro Ranch Road	8.3	Right	WATER/RR	42.5
Left	Alhambra Valley Road	10.4	Sharp Right	Briones Road	42.5
Right	Simas Avenue	12.8	Left	Bear Creek Road	42.8
Left	Estates Avenue	12.9	Left	Camino Pablo	47.3
Right	Turn right	13.7	Slight Right	Keep right	48
Right	Pinole Valley Road	13.8	Slight Left	Camino Pablo	48.1
Slight Left	Tennent Avenue	14.2	Slight Right	Camino Pablo	48.4
Right	Bike Path	14.3	Slight Right	Bart Way	49.4
Right	San Francisco Bay Trail	15.1	Slight Right	Bart Way	49.4
Left	San Francisco Bay Trail	15.4	Left	Turn left onto Bart Way	49.5
Left	Bayfront Boulevard	15.8	Left	Turn left	49.5
Left	San Francisco Bay Trail	16.1	END RIDE		
Right	San Francisco Bay Trail	16.1			
Straight	San Pablo Avenue	17.5			
Water	REGROUP/RR/WTR	17.6			
Left	Parker Avenue	17.7			
Slight Right	Carquinez Scenic Drive	24			
Straight	Talbart Street	28.9			
Left	Escobar Street	29.1			
Right	Berrellesa Street	29.1			
Left	Main Street	29.2			
Right	Castro Street	29.3			
Left	Ward Street. Courtyard for LUNCH on the left	29.3			