

Volume 54 - Issue 11 November 2021

Turn at the Front

Greetings from Central California

David Schorow, WWBC President



Many years ago when I first started serious recreational cycling, I went on several self-designed and self-supported road cycling trips, carrying clothes, gear, and staying at hotels. My wife Mona and I even did such a tour on our honeymoon, riding from Burlington, Vermont, through New Hampshire, and to the coast of Maine. But for the past few decades until this year, I haven't been doing self-supported touring save for an occasional overnighter. During those years, I participated in many other kinds of bike tours including hotel and camping tours, but they all included having someone ferry bags between locations. This year marked the end of that abstinence, with two self-supported trips, one done in June and a just completed ride with ten Western Wheelers directly from our homes to Santa Barbara.

I became encouraged and excited to do this kind of tour again after attending Bobbie Morrison and Dave Marancik's excellent presentation on bike touring back in May. If you missed the presentation, you can still view the Zoom Recording (password: *0dpN4#&) or view their presentation deck and bike touring inventory. While their presentation covered gravel bike riding with camping, many of their suggestions were also applicable to road touring with packs.

On October 11, ten of us rode from home and met at Summit Bicycles in Los Gatos to start the tour. We were a diverse group. Half the group were on ebikes. Most of us had racks and rear panniers; some preferred front panniers or a large under the seat bag. There was also a mixture of frame packs, handlebar bags, and trunk bags. One person rode a recumbent.



The group at the Lone Cypress Tree on 17-mile Drive: Mindy Steiner, Mona Schorow, Diane Sanchez Costello, Lynn Repetsky, Anna Huynh, David Schorow, Bobbie Morrison, Mark Cooney, Dave Marancik, Guy Shuman

We enjoyed eight days of riding, ending in Santa Barbara, then a day to drive home. All the lodging was reserved in advance. The stops were in Capitola, Pacific Grove, Big Sur, Ragged Point, Cambria, Pismo Beach, Lompoc, and finally Santa Barbara. If you are interested, the complete route can be found in this <u>Ride with GPS Route</u> <u>Collection</u>.

Other groups have done this route in fewer days, some going 80–100 miles per day, but ours was a more relaxed "smell the roses" kind of tour. Our longest day was the last day, going 57 miles. The hardest day was from Big Sur to Ragged point, 49 miles but with 4,500 feet of climbing. Our shortest day was a "rest day" with a 25 mile ride. My total for the tour was 362 miles.

Inside This Edition

EBike Corner

Bicycling Photography Contest

WWBC Bike Movie Night

Holiday Social & Annual Member Meeting

November Safety Tip

Board Meeting Minutes

Bicycle Stop-as-Yield Law Gets Vetoed

Western Wheelers Blood Drive

Weekly and Repeating Club Rides

Oktoberfest 2021

Napa LDT Ride and Camping Trip in October

The most spectacular section of the ride was the two days from Pacific Grove to Ragged Point. This section included the beautiful 17-mile drive, the steep cliff-like hillside dropping into the ocean, iconic bridges like the Bixby bridge, and many other gorgeous views of the rugged California coastline.



The Bixby Bridge

Further south we cycled through San Simeon with Hearst Castle visible in the hills and stopped to view the juvenile elephant seals gathering at the Piedras Blancas Seal Rookery. After viewing the Morro Rock by Morro Bay, our route took a turn inland through rich farmlands before hitting the Ocean again at touristy Pismo Beach.

One issue threatening our ride was the Alisal wildfire, burning Northwest of Santa Barbara. The fire burned down to the coast causing Highway 101, on our intended route, to be closed briefly. Some of the group preferred to avoid that area and rode to San Luis Obispo from Pismo Beach, catching a ride home from there. But the fire was reported to be well under control, so six of us continued the planned route, inland from Pismo Beach, viewing the wall murals in Guadalupe, and on to Lompoc. On the last day, when we went through the burned area, fire was no longer an issue. Although we did see scorched grounds and blackened trees, the fire itself had been totally contained, there was no smoke in the area, and the air quality was fine.

The final stretch into Santa Barbara involved some nerve-wracking miles on the shoulder of Highway 101, the cars and trucks buzzing uncomfortably close and fast. We exited 101 on the outskirts of Goleta, rode through UC Santa Barbara, and enjoyed a long section on a bike path

to Santa Barbara. A short stint along the beach brought us to our final hotel for the trip.

All participants agreed that it was a great trip with beautiful scenery, great riding, and wonderful camaraderie. For more pictures, see the Google photo album 2021 Bike Tour to Santa Barbara.

Bicycle Stop-as-Yield Bill Gets Vetoed

David Schorow, WWBC President

I was warned it was premature to post a column about the Stop-as-Yield bill before it was signed by the Governor. With the overwhelming support for the bill, especially in Governor Newsom's San Francisco Bay Area home territory, I was overly confident that Newsom would not veto the bill. But sadly, that is exactly what he did late on October 8th, the last day for him to act on the bill.

In his veto message, Newsom incorrectly characterized the bill as one solely concerned with improved safety and claimed it would have the opposite effect, especially for children, who may make poor judgements about vehicle speeds or the need for caution. He ignored other rationales for the bill like improved bicycling efficiency, encouraging more people to cycle, legalizing existing, common behavior, and eliminating an infraction that is disproportionately enforced against poor people and people of color.

Even the expressed concerns about safety ignore the good evidence that safety is not adversely impacted and may be improved with the change. The experience in Delaware after the change was a 23% reduction in collisions involving bikes at stop sign controlled intersections. There is no hard evidence from the nine states that have the yield at stop sign law that it adversely affects safety.

So why did Newsom veto the bill? Alan Wachtel is a member of CABO and is quite familiar with state politics. He even helped author some provisions of the law. He notes that the CHP wrote a "letter of concern" about the bill to the governor and that the California Coalition for Children's Safety and Health lobbied against the bill. These are more influential constituents than the cyclists who followed the bill closely enough to care about the veto. So, it likely comes down to politics and what action would most benefit the Governor in future elections.

BIG WHEELS 2021

President: David Schorow (408) 314-3769

President@westernwheelers.org

Secretary: Patty Koel

Secretary@westernwheelers.org
Treasurer: Mike Rissi (650) 851-2925

mrissi@sbcglobal.net Chief Editor: Peggy George peggyflute@gmail.com

Membership: Vern Tucker (408) 730-2548

VLTBIKE@yahoo.com

1350 Fisherhawk Dr Sunnyvale, CA 94087-3451

Ride Chair: Guy Shuman shumansteiner@gmail.com
Event Chair: Fran Williams
events@westernwheelers.org

Sequoia Chair: Randall Braun (415) 265-4663

SequoiaChair@westernwheelers.org

Webmaster@westernwheelers.org

At Large Board Members:
Cindy Asrir <u>casrir@gmail.com</u>
Bill Sherwin <u>wbsherwin@gmail.com</u>
Cathy Switzer <u>cbsbikes@mac.com</u>

Advocacy Chair: John Langbein (650) 365-9462

john_langbein@yahoo.com

LAB Rep: Alan Wachtel (650) 494-1750

wachtel@aol.com

Statistician: Eric Greer (408) 257-5356

stats@westernwheelers.org

Historian: Dick Blaine (408) 257-6410

Ride Coordinators:

LDT Guy Shuman (650) 704-0895

shumansteiner@gmail.com

R&R Randall Braun (415) 265-4663

rgbraun@earthlink.net

Fall Fun Series Bill Sherwin

wbsherwin@gmail.com

Thursday am B rides: George Schuttinger (650) 390-9296 gschuttinger@hotmail.com
To add a ride: addride@westernwheelers.org

Email List: Guy Shuman

<u>listowner@westernwheelers.org</u> Club Jersey Sales: Christine Fawcett

(650) 949-4993

Social Network Editor: Ken Lee

ken3le@gmail.com

Travel Case Custodian: VACANT

Have space to store? Contact any Board member to

volunteer for this position.



Club Calendar November 2021

10 Wed Board Meeting - 7pm Zoom

17 Wed Blood Drive

19 Fri Bike Movie Night - 7pm Zoom

20 Sat Flat Tyre Deadline

The *FLAT TYRE* is the monthly newsletter of the Western Wheelers Bicycle Club, Inc., P.O. Box 60367, Palo Alto, CA 94306. To submit articles for inclusion in the *FLAT TYRE*, please send to Editors@westernwheelers.org

Board Meeting Minutes

October 2021

(Minutes pending board approval) Submitted by Patty Koel, Club Secretary

Date: Wednesday, October 6,

2021

Time: Dinner/social: 6:30 pm,

Meeting: 7:00 pm

Location: Zoom meeting

Call to Order at 7:00 pm

Present: David Schorow, Peggy George, Patty Koel, Bill Sherwin, Guy Shuman, Vern Tucker, Fran Williams, Randall Braun, Mike Rissi, Cindy Asrir, Cathy Switzer, and Vito Mazzarino.

Standing Items

- Date of next meeting Wednesday, November 10; Dinner/social: 6:30 pm, Meeting: 7:00 pm
- Location of next meeting Zoom
- Approve the previous minutes the August 2021 minutes were unanimously approved



New Business and Area Lead Updates:

- Logo Update: Cathy presented to the board for feedback four logo candidates her committee selected, and the board discussed each design. The board asked that two promising logo candidates be updated with some of their suggestions to bring back to a future meeting.
- Event Chair: Fran reported that the plans for the Oktoberfest are in full swing. So far, 157 people are registered, food is ordered, and a few more volunteers are needed. Cindy, with help from Patty, will oversee this year's Oktoberfest on October 10, as Fran will be away. It was suggested that in future years, it may be worth forming a committee to better distribute the planning and organizing workload and to possibly simplify the menu.

Peggy volunteered to contact our previous year's photography contest leaders to see if they will spearhead our virtual photography contest again this year.

The Board discussed the feasibility of moving forward with the traditional holiday party at Michael's again this year. The board felt that due to the pandemic, many members would not feel comfortable attending a large indoor event. The board agreed that the traditional holiday party at Michael's will not be held this year. The board discussed the possibility of instead holding a holiday themed outdoor daytime event combined with our General meeting in December.

- Flat Tyre Editor: Peggy updated the board on the problems she's recently been having with the club's Chromebook that she has been using to edit the Flat Tyre. The board authorized Peggy to purchase a new Chromebook for up to \$300 for use by the Flat Tyre editor.
- Treasurer: Mike presented the financial report through October 5, and our financial condition is stable. Charitable contributions already approved

by the board have been accrued but checks have not yet been distributed.

Mike advised the board that our liability insurance coverage does not cover Class 2 electric bikes. Following a discussion, the board voted to not allow Class 2 ebikes on our rides. Guy will send a club email and make updates to our sign-in sheets, email templates and the website to make sure riders are aware.

- Ride Chair: Guy reported that rides are going well. For the upcoming Oktoberfest rides are scheduled for all riding levels: A, B, C, and D.
 The Napa weekend trip went well with 45 riders on Saturday and 30-35 overnight campers in attendance.
- Membership: Vern reported that we had 21 new members join in the past two months (since August 11, 2021), bringing the total to 1,035.
 Unfortunately, some issues with automatic renewal notices still occur due to the change in PayPal in February.
- Webmaster: Vito reports that he is keeping up with monthly reports and supporting Fran with event notices. Vito asked board members who are running for reelection to send updated candidate statements to him by October 27 for use in updating the election web page. If updated candidate statements aren't submitted by that date, he will use that board member's current profile as their candidate statement.
- Safety Chair: Bill reported that the last round of safety classes went very well. However, at this time it is difficult to schedule more classes, due to the lack of available safety instructors.

Bill also reported that the Fall Fun Series is going well and praised Guy for his support.

• **Sequoia Chair:** Randall reported that he has been reflecting on the lessons learned from this year's

Sequoi-Tual, and is considering the future direction of the Sequoia.

- Secretary: Patty thanked Cindy for taking minutes at the August board meeting.
- Election Planning: David shared with the board his election planning spreadsheet with tasks, assignees and time frames identified. The deadline for board candidates is November 21. The online election will be from November 21 to December 4, and the results will be announced December 5.

The meeting adjourned at 9:26 pm.



Western Wheelers Blood Drive

November 17, 2021

Since 2012, the Western Wheelers have supported local patients by giving blood as a group. You are an important part of our life saving team.

Please consider making an appointment for the upcoming November 17 Blood Drive. There are 3 locations available, please choose the one that is most convenient for you:

- Menlo Park make an appointment
- Mountain View make an appointment
- Campbell make an appointment

If you are a regular donor, or are planning on donating soon, please be aware that donors need a minimum of 56 days between donations.

Thank you for supporting your community.



SAVE THE DATE! LOCATION AND DETAILS TBD.

We are investigating outdoor options for a fun, safe and bike-friendly afternoon event to replace our annual holiday dinner at Michael's at Shoreline this year. Stay tuned for more details!

Suggestions for outdoor locations suitable for 100+ people and sheltered from potential rain may be sent to events@westernwheelers.org.

Welcome New Members October 2021

Vern Tucker, Membership Chair



Please welcome the following new members to the Western Wheelers:

Christina Brownson Cupertino Jorge Chang Sunnyvale Xi Chen Mountain View Nick Davies Mountain View Johannes Henkel Mountain View Judy Kane & Family San Jose Lin Linn Santa Clara Campbell Gary Menezes Anshuman Mishra Sunnyvale Andy Paul & Family San Carlos Carla Turturici San Jose Jennifer Yang & David Kuang San Jose Gary Zimmerman Cupertino Julie Juracich Sunnyvale



Friday, November 19 at 7:30 pm Zoom link provided in email upon registration

A beautifully photographed coming of age road movie, *Island Etude* is the story of a handsome young, hearing-impaired man, who before graduating from college, decides to carry his guitar on his back and ride a bike along the Taiwanese coastline, embarking on a seven-day round-island trip. Confronting a myriad of challenges and unknown risks, he rides day and night through tropical sun and driving rainstorms, experiencing the diverse cultures of Taiwan. Along the way he makes new friends, falls in love, and pays a surprise visit to his grandparent's village, where he rediscovers his roots. Mixing documentary/reality style with dramatic moments and memories, *Island Etude* celebrates life, love and the coming of age with humor, sadness and hope.

The screening is free to Western Wheelers and their guests, but please sign up to receive a confirmation with the Zoom link (households only need to register once).

See you at the movies!

Cindy Asrir, Board Member-at-Large WWBC Bike Film Organizer

Bicycling Photography Contest

The amazing Western Wheelers Photo Contest is on again this year. How does the saying go, "neither snow nor rain nor pesky coronavirus stays these riders from their photo contest". Or something like that. Because of the aforementioned coronavirus, the event will be **virtual** again this year. Last year it worked out perfectly so might as well stick with a winner. We'll have the photos on the web for all to view. Voting & prizes will add to the festivities. This is a great opportunity for the club to see your amazing photos. Take the time now to go through your pictures for the year to choose your two favorites.

Send photos (be sure to read the rules below) to: vpelton@vertical-edge.com. I will respond to every submission within 24 hours. If I don't respond in that time, re-submit. Submissions due by 11 pm on 1 Dec 2021.

The Rules

- ➤ Must be taken between 30 Nov 2020 and 1 Dec 2021
- Must be related to biking in some way
- Limit of 2 photos per contestant
- ➤ Include your FULL name
- > Include a 1-line caption with each photo
- Taken and submitted by a Western Wheelers member
- > No professionals
- Each contestant may win only 1 prize
- Submissions must allow publication in The Flat Tyre, newspapers, websites

Vicky Pelton, vpelton@vertical-edge.com



Hungry C riders before Oktoberfest in Mountain View on October 10. Photo credit: Guy Shuman



OKTOBERFEST 2021 was attended by over 150 club members.

Ebike Corner

Guy Shuman - Ride Chair

More and more WW members are discovering the fun of owning an ebike, whether to explore new adventures or to keep up



with their riding partners. Ebikes also allow many of our aging members to "stay in the game". From my experience, when riders purchase an ebike they invariably spend more time riding! There are no restrictions on ebikes (Class 1 or Class 3) joining WWBC rides.

Do you know what "Class" your ebike is?

There are three US classes of ebikes, and governmental agencies and insurance companies use these to determine if ebikes are allowed on bike paths and if bike club insurance policies cover them. The most important thing to know is that Class 2 ebikes are NOT PERMITTED on WWBC rides. If a Class 2 ebike rider participated on a WW ride and was involved in an accident, the club's liability insurance policy would not apply

So, what are the classifications?

The three classes of ebikes:

Class 1: ebikes that are **pedal assist only**, with no throttle, and have a maximum assisted speed of **20 mph**.

Class 2: ebikes that have a throttle and have a maximum assisted speed of 20 mph.

Class 3: ebikes that are **pedal assist only**, with no throttle, and have a maximum assisted speed of **28 mph**.

The vast majority of road ebikes owned by club members are Class 1 (Orbea Gain, Trek Domane+ LT) or Class 3 (Giant Road E+, Trek Domane+ HP, Specialized Creo). Class 2 ebikes are any bike that is capable of riding without pedaling, i.e. they have a throttle that can propel the bike. If the throttle mechanism has been physically disabled, then your bike is no longer a Class 2 bike and is permitted on our rides. Even if you never use it, if your bike has a functioning throttle the bike is not permitted on WWBC rides.

Where can I ride my ebike?

The application of the regulations is a bit of a quagmire! In California, state regulators have decided that Class 1 and Class 2 ebikes are permitted on dedicated bike paths and trails, but **Class 3 bikes (which many of us own) are NOT PERMITTED!** This is true even though a Class 2 ebike can zoom along like a motorcycle at 20 mph with no pedaling from the rider.

Examples of places where it is technically illegal to ride your Class 3 ebike are Stevens Creek Bike Trail, Los Gatos Bike Trail, and Rancho San Antonio Park (trails and park roads). The Golden Gate Bridge is currently receiving comments on a proposed policy that would prohibit Class 3 ebikes on the bridge. There is almost no enforcement of this regulation, primarily because it is generally impossible to tell a Class 1 from a Class 3 ebike unless you have a list of which models fit in which category (there is no clear label on most bikes). **The best way to avoid any trouble is to stay below posted speed limits (usually 15 mph on bike trails).** Interestingly, the National Park Service has adopted a nationwide policy for National Parks that "if it has pedals, it's a bike" and they don't differentiate between classes.

Traveling with your ebike

Most ebike owners know that it is illegal to transport most ebike batteries by air. Large batteries are not permitted either in cargo or passenger cabins due to fire hazard. A new development has been "modular batteries" that connect smaller batteries in series, bypassing the battery size limit. With these batteries it is easy to bring your bike to domestic or foreign destinations (batteries must be carried in carry-on baggage). However, in Europe ebikes capable of exceeding 25 kph (15 mph) when under power are considered "speed bikes". Speed bikes require a special driving license, insurance, and bike registration (with license plates). This means that if you bring your bike to Europe you are technically riding an illegal bicycle. I haven't yet heard from anyone traveling to Europe with their ebike about whether this has been an issue. If you rent an ebike in Europe you'll always get a bike with a maximum assisted speed of 25 kph... acceptable when climbing hills but often frustrating when cycling on flat/rolling terrain.

October Napa LDT Ride and Camping Trip

Photos: Cindy Asrir, Board Member-at-Large



November Safety Tip Communicate Your Intentions

David Schorow, Club President



Enough of this Sunday stroll. Let's hurt a little.

~ Muzzin, American Flyers

When riding in groups, it is critically important to communicate intended actions that may impact cyclists riding behind you. Many club members have been in crashes caused by a cyclist slowing down or making an unexpected turn and having a cyclist behind them either crash into them, or crash while trying to avoid them. It is important to yell out "Stopping" or "Slowing" when taking one of these actions, and to call out or signal when turning. Sometimes a cyclist must slow or stop quickly due to some issue ahead of them and it can be hard to think to call out, but it is something we all need to learn to do. At other times, a cyclist pulls over to take a picture or to make an adjustment on their bicycle not realizing their action may impact the rider behind them. The key is to always communicate your intended actions to the cyclists around you.

Note: The Safety Tips are published on the <u>Western</u> <u>Wheelers website</u> under menu SKILLS AND SAFETY. That page also supports commenting on the published tips.

COVID Guidelines for joining Western Wheelers Club Rides

Updated July 8, 2021

In order to keep our riders safe and stay in compliance with local regulations, the following guidelines are now in effect for all club rides.

Ride Guidelines:

 Riders are required to follow <u>CA CDPH Guidelines</u> for face coverings. These guidelines require mask use based on vaccination status. <u>Fully vaccinated</u> <u>individuals</u> are NOT required to wear facemasks during normal outdoor activities involved in a WW ride. When visiting any indoor location (restaurants/restrooms) or stopping at an event (festival/farmers market, etc) riders must follow CA CPDH guidelines. **Unvaccinated individuals** are required to wear face coverings at the start of each ride and whenever physical distancing (6 feet) cannot be maintained.

- 2. **All riders must carry a face covering** to be worn when required as above.
- 3. There is no restriction on location of rides (any county), club membership (guests are now permitted), or special leadership qualification (any club member may lead a ride).
- 4. Ride leaders can establish more restrictive requirements for their ride if desired. Any such restrictions will be included in the online ride description.
- 5. Availability of water and restrooms may be limited so plan your intake and distances accordingly.

Risks, Privacy and Safety

There is risk in all gatherings, since people without symptoms can transmit COVID-19. Participation in club rides is voluntary. Members assume the full and complete risk that is associated with exposure to and infection by COVID-19 during such participation. Please note that in the event Western Wheelers is asked by the department of public health for a list of riders participating in any club ride for purposes of COVID-19 exposure tracing, Western Wheelers will comply with such requests.

If you are sick, do not come on club rides. People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2–14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea



Western Wheelers Ride Information

DETAILS OF RIDE CLASSIFICATION: The format of the ratings is:

PACE/HILLINESS (total climbing if known) /DISTANCE

PACE (A-F): Indicates the average speed while riding, with A being the slowest and F being the fastest. Non-riding time is not counted, so rides with long stops may have the same average speed as rides with short stops

HILLINESS (0–5): Rates the terrain based on the average feet climbed per mile for the entire ride. This is the ratio of the total climb to the total distance, all divided by 25.

Hilliness Rating	0	1	2	3	4	5
Average Climb	0	25	50	75	100	125
(Feet/Mile)						

The longer, steeper and more frequent the hills, the higher the hilliness rating and the slower the average speed. However, a low hilliness rating does not guarantee that a ride contains no long or steep hills, because the rating could be diluted by flat stretches around the hills. If a ride contains an unusually challenging hill for its hilliness rating, an exclamation point (!) is appended to the hilliness rating. The ride description should provide more details. It is possible but rare to have a hilliness rating greater than 5.

AVERAGE SPEEDS: The average speeds (mph) for the different pace and hilliness ratings are:

HILLINESS RATING

Pace Rating	0	1	2	3	4	Average 5 OLH Time
Α	10	9	8	NA	NA	NA NA
В	12	11	10	9	8	7 43-54
С	14	13	12	11	10	min. 9 34-43
C	14	10	12	11	10	min.
D	16	15	14	13	12	11 27-34
						min.
Е	18	17	16	15	14	13 22-27
						min

If the pace rating letter has + or - appended to it, the average speed is changed by 1 mph.

CHOOSING YOUR RIDE: The speeds in the above table may seem low because you know you can ride faster at times. Remember, however, that the numbers represent the average speed for the entire ride. Don't attempt rides beyond your ability. If you are taking your first club ride, err on the conservative side. Novice cyclists are welcome on A rides. A, B, and C rides are

typically more leisurely and have more regroups than D, E, and F rides, which are brisker-paced rides for more experienced and self-sufficient cyclists.

If you are unsure which group to go with on hilly rides, time yourself up Old La Honda road, and compare your time with the time ranges shown in the above table. If your time is within the range for a certain group, you can feel comfortable riding with that group on hilly rides. Note that the OLH time does not refer to your personal best time, but to the time in which you can comfortably climb Old La Honda, and perhaps not just once, but repeatedly, because that is the pace the group will be maintaining all day on multiple climbs.

If you choose to ride with a slower group, you should not expect them to speed up for you, and if you choose to ride with a faster group, you should not expect them to wait for you.

RIDE RATING EXAMPLES: "C+/2/40" indicates a 40-mile ride with about 2000 feet of climbing, ridden at an average speed of 12 mph.

"E/4!(9700')/100" indicates a 100-mile ride with 9700 feet of climbing, some of it very steep, ridden at an average speed of 13 mph.

WEATHER CONSIDERATIONS: Rides may be canceled if rain seems likely during the ride. If in doubt, contact the ride leader.

RECOMMENDED EQUIPMENT: Please try to bring basic tools, sunglasses and sunscreen, water bottles, food or food money, a first-aid kit, phone change or cellphone, "layered" clothing, etc. Bright clothing recommended.

COMMON LOCATIONS – Please check ride listings for other locations

GUNN HIGH SCHOOL The main entrance is on Arastradero Rd. just east of Foothill Expressway in Palo Alto. Meet in the parking lot AWAY FROM BUILDINGS. Don't use this location when school is in session.

McKENZIE PARK Between Loyola Corners and Springer/Magdalena (Rancho Shopping Center) on Fremont Ave. BURGESS PARK (Menlo REC. Center) is between Alma and Laurel Streets at Burgess Dr. (near Ravenswood Ave) in Menlo Park. Meet on the Alma side unless otherwise specified.

PEERS PARK in Palo Alto is on Park Blvd located just north of California Ave. Caltrain Station. Note: There is a car barrier just South of the park on Park Blvd.

SHOUP PARK is in Los Altos, on University Ave. near Main Street, off Foothill.

SUNNYVALE COMMUNITY CENTER is at Manet and Remington in Sunnyvale. Meet at the south side of the complex.

IMPORTANT

- ☐ Helmets and brakes are required on all rides
- ☐ Unsafe bicycles are not allowed.
- ☐ Earbuds and Headphones are not allowed.
- ☐ For insurance reasons, only club members may lead rides.



November 2021 Weekly and Repeating Club Rides

Every Monday

BCD/2/47 JAVA JIVE FROM SAN MATEO. The Monday morning ride for bicyclists who live in the northern cities of the Peninsula is growing in numbers. The Java Jive ride consists of flats and 1400 feet of climbing for 47 miles. The regroup spots are: the Starbucks in Menlo Park at the corner of Avy Ave. and Alameda de Las Pulgas, Canada Road and Woodside Road in Woodside, the Water Temple on Canada Road, Crystal Springs Road at Sawyer Camp Trail South entrance, Pepper and Floribunda Avenues intersection and return to Los Prados Park. Meet at Los Prados Park in Foster City at 8:30 am for departure at 8:45 am. Directions: From 101, drive east on Hillsdale Blvd., take the first right on Norfolk St. and right again on La Selva; take the first left onto Casa de Campo. The Park is on the left. For more information contact Tom Schnurbusch. Rain/muddy conditions cancel.

DE/1/28 JAVA JIVE DOUBLE EXPRESSO. Meet at 9:00 am and jump out of the starting blocks at 9:15am with a fast ride to enjoy coffee at Peet's Coffee in Menlo Park. We will work our way back along the foothills after coffee. No sweep; one socially distanced regroup for coffee. Meet at the Bicycle Outfitter, 963 Fremont Ave (Loyola Corners), Los Altos, near the corner of

Fremont, Miramonte and Foothill Expwy. Leaders: David Fitch and Cathy Switzer. Route: **BO28 Java Jive Double Expresso**

C/1/24 MONDAY MORNING MOCHA MOOCH. Start your week with a morning coffee ride to Menlo Park. Pace along Foothill Expressway is quick, but feel free to ride at a slower pace and meet us in Menlo Park. We'll get take-out coffee at Peets at University and Santa Cruz, consume it at the park across University, and then head back via different routes depending on the week (see ride schedule for details/route sheets). There are no sweeps on this ride, so if you are unfamiliar with the routes, please use the links on the ride schedule and load them onto your GPS device (or print a route sheet) prior to the ride. Meet at 9:15 for a 9:30 am departure at the Lucky Supermarket parking lot (2175 Grant Road, Los Alto, CA) Cross streets are Foothill Expressway and Arboretum. Ride Leaders: David Schorow (408-314-3769, email in member directory) and **Jim Takasugi** (408-391-2057) share leadership on this ride

A/0/15 SOCIALLY PACED MONDAY MORNING

COFFEE RIDE If you are not ready for the faster pace of the other Monday morning coffee rides until after you've had your coffee, then this ride might be just right for you. Meet Pam
Putman and Pat Elson
at Rengstorff Community Center, 201
<a href="Stranger: Stranger: Strang

Every Tuesday

CD/2/30-35 SHAW-BLASBERG'S TUESDAY LOOP RIDE.

Peter B. has now retired from leading this ride. In honor of his many years of dedicated service we have named the ride after him and Carol Shaw, who created this ride with him many years ago. The immortal words of his ride description will be retained here, mostly intact. So here we go: Retired, home executive, between jobs, playing hooky? We'd love to have you join us each Tuesday during the year, rain or shine, at the Starbucks parking lot in the Westmoor Shopping Center in Sunnyvale, corner of Fremont and Mary. The route is a variation of the Portola loop with lunch stops at various eating places in the Palo Alto area. There are hilly C and D routes as well as a flat route. All rides meet at 10:45 am start time of 11:00 am. The hilly route varies through the month. See the online Ride Calendar for links to routes in Excel and PDF formats. Leader: Vern Tucker. home 408-730-2548, cell 408-893-6008. GPS Files: **Tuesday Loop GPS Files**

C/3/15+; D/4/15+ TUESDAY EVENING RIDE NOTE: FINAL RIDE FOR 2021 WILL BE TUESDAY NOVEMBER 2ND.

Join us after work every Tuesday evening for a backroads tour of Woodside and environs, including some moderate hills. Meet in the parking lot behind the Pioneer Saloon in downtown Woodside. (START TIMES WILL CHANGE THROUGH THE SEASON - CHECK ONLINE LISTING). Ride leader and route sheet vary from week to week. Measurable rain cancels. Please equip your bike with front and back lights for added safety in evening low light conditions. Exact ride details, including ridewithgps routes, will be posted to the wwbc-rides email list on the day before. Ride coordinator: Richard Exley (650-704-3801).

Every Tuesday through Saturday

BC/0/23 SEAL POINT/REDWOOD SHORES. Meet Tom Schnurbusch at the north end of Seal Point Park in San Mateo by the parking lot and bridge for a ride from Seal Point Park via bay trail and streets down to and through Redwood Shores. Regroup and coffee at the MarketPlace on Redwood Shores Parkway, taking the Electronic Arts cross-street exit to the MarketPlace. Continue down Redwood Shores Parkway to the end to return to Seal Point Park. This no-drop ride will take place daily from Tuesday through Saturday. Meet by 8:45 am and depart by 9:00 am. Rain cancels.

Every Wednesday

D/3-4/35-65 HILLS R US. This is a social-paced D ride with regroups; faster riders are welcome to form a D+/E group. The Route often includes Hwy 9, Page Mill, Old La Honda, Kings Mountain, West Alpine or Tunitas Creek. Always be prepared for variable weather on Skyline. Foul weather in the hills keeps the ride in the valley. Rain cancels. See online ride schedule for starting time/location/route/COVID procedures/leader contact information.

THE HUMP DAY WEDNESDAY EVENING RIDE IS ON HIATUS FOR THE WINTER - RIDES WILL RESUME SPRING 2022.

Every Thursday

THE THURSDAY EVENING TOUR IS ON HIATUS FOR THE WINTER - RIDES WILL RESUME SPRING 2022.

Every Friday

B/2/30-50 FRIDAY B RIDE Meet Louis Rustenburg (408-420-0443) every 1st and 3rd Friday and Vern Tucker (408-730-2548) every 2nd and 4th Friday at 10:00 AM at McKenzies Park for a 10:15 AM ride

start. Leader alternates if there is a 5th Friday in the month. Rides will be a mix of hills and flatter residential roads, with a lunch stop along the way. (Bring or buy)

The second Sunday of every month

B/2/24 2ND SUNDAY – JEFFERSON LOOP. Monthly ride to Jefferson, Hillcrest and Lakeview via Manzanita, Albion and Cañada. Lunch is at Sancho's Taqueria (cash only) and returns via Alameda de las Pulgas. Social pace with regroups. Meet at Burgess Park in Menlo Park at 10:00 am, for a 10:15 departure. Estimated return 2-2:30pm. Leader: Mike Jenkins (408-239-6131). Rain cancels. Route sheets/Maps: Route/GPS

C/2/27 2ND SUNDAY RWC CROSS. Monthly ride to the Redwood City Cross via Tripp, Cañada and Godetia. Optional Huddart Park Loop and return via Alameda de las Pulgas. Bring snacks/lunch to enjoy at a regroup. This is a social-paced ride with regroups, but faster riders are welcome to form a separate C+ group at the start. Meet at Burgess Park in Menlo Park at 10:00 AM for a 10:15 AM departure. Please ensure social distance at the ride start as the ride leader captures riders names and sends out groups of up to 15 riders each. Estimated return 2-2:30pm. Leader: Howard Koel (650-302-1053). Rain cancels. Route sheets/Maps: Route/GPS

The fourth Sunday of every month

B/2.5/25 4th SUNDAY - SARATOGA. Hello Social "B"s. Join us on a leisurely ride heading up Mt. Eden, then meandering through The Maze to downtown Saratoga where we will stop for a snack break in a local park (bring - no place to buy) before heading back via Seven Springs Parkway. Meet at McKenzie Park in Los Altos (near tennis courts) at 10am for 10:15 departure. Rain cancels. Check ride calendar for leader information. **Route sheet:** 4th Sunday B Ride (Saratoga) or GPS: Map/GPS File

C/3/35 4th SUNDAY - LOS GATOS. Monthly ride to Los Gatos via Mt. Eden, Pierce, and Villa Montalvo. Lunch in the park in Los Gatos (bring or buy) and return through the Maze. This is a socially paced ride with mandatory regroups, but faster riders will form a separate C+ group at the start. Meet at McKenzie Park in Los Altos at 10:00am for a 10:15am departure. Check ride calendar for leader information. Rain cancels. Route sheets/Maps: 4th Sunday C Ride.

r 1 41 ' 1

Learn about becoming a member

Any Western Wheelers club member can propose a Ride by using the online Ride Listing Assistant on the Ride Leaders Resources page found here or by sending a ride description containing complete details to:

addride@westernwheelers.org

Be sure to include date, title, start time/place, distance, rating, lunch arrangements, and your phone/email contact information. The earlier you list your ride, the more participation you are likely to have. There is no strict deadline, but please try to submit your ride at least two days before the ride. Do NOT email your listing directly to the email list(s).

Go <u>here</u> to read/post/subscribe to our club email list for ride cancellations, road conditions, and miscellaneous club ride topics.