A Turn at the Front
by David Schorow, Club President

Happy New Year!

I’m excited to take a turn as club President this year. I am a long-time cyclist. I started recreational cycling while an undergraduate in Boston. I was introduced to California cycling when I went to Berkeley for grad school. After grad school, a job brought me to the South Bay where I soon discovered the local routes we all ride and love. I met my wife to be, Mona, on a bike ride starting at Bicycle Outfitters, and we’ve been biking together ever since (for a while on a tandem, but now on our individual bikes).

Since retiring in June, 2017, I’ve been a regular on several of the recurring weekly rides (MMMM, Blasberg, HRU), while still typically doing longer club rides on Saturdays (LDT, FFS, etc). I generally do the C +/- rides, so am most familiar with club members in those groups. While I also know a good number of B and D riders, I would like to meet more club members at all levels. I have a name tag on the back of my bike (though no longer with the “For President” campaign slogan), so if you see me, please introduce yourself and say hello.

We have an excellent Board of Directors this year, with a good mixture of new members and returning seasoned, highly qualified members. Let me introduce my fellow freshman board members. Peggy George is enthusiastically taking over from Dave Ziegler as the Chief Editor of the Flat Tyre, so our club newsletter is in good hands. Emily Nishihira brings over 15 years of web design and development experience to take over the Webmaster role from Mona Schorow. We’re looking to continue to enhance and modernize our web interface.

Joining the board as Members at Large are Lisa Burque, who has led many, many rides, and Robin Davis, a long-time and active Western Wheeler cyclist.

It’s going to be a great year for the Western Wheelers. We are starting some new initiatives (more on that in future columns), while continuing to do all of the things that make our club so great – lots of wonderful rides for riders of all abilities, fun social events, a fantastic Sequoia event, etc. Here’s to a great 2019!

Safety will be an emphasis of the club this year so one thing I’d like to do in this column is to give a safety tip each month.

**January Safety Tip – Beware of wet leaves!**

If you are like me, you tend not to ride on days when it is raining. But with all the rainy days at this time of year, we often ride after a day with heavy rain. At this time of year, there are places with wet leaves on the ground that are SLIPPERY! Late in the fall, we had a club member break her hip after taking a fall caused by sliding out while running over a clump of wet leaves. So, after a rainy day, or while riding through a damp canyon, be especially careful around wet leaves on the road.

We are all very sad about the tragic passing of member Troy Folkner. You can read and share stories and pictures on the memorial web page.
The FLAT TYRE is the monthly newsletter of the Western Wheelers Bicycle Club, Inc., P.O.Box 60367, Palo Alto, CA 94306. Send newsletter material to Editors@westernwheelers.org

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Ken Lee ◆ ken3lee@gmail.com

Log in here to read/post/subscribe to our club email list for ride cancellations, road conditions, and miscellaneous club ride topics

Club Calendar
Wed, January 9 Board Meeting
Sunday, January 20 Flat Tyre Deadline*
*to submit articles for inclusion in the FLAT TYRE. please send to Editors@westernwheelers.org

WW Board Meeting Minutes from the Annual Members Meeting and Holiday Party
by Bill Sherwin, Club Secretary
Sunday, December 9, 2018
Location: Michaels Restaurant, Shoreline
The annual club business meeting was called to order by President Robert Sexton at 7:40 pm following the annual holiday dinner at Michael's at Shoreline. Robert briefly mentioned the initial safety program efforts headed by Bill Sherwin. Robert recognized Tom Ockenden and REI for promoting the club at REI.

Elections:
Robert took his farewell as President of the Club and announced the election of the new board of directors for 2019. A total of 294 votes were cast in the online election. Tallies are posted on the WW website.

President: David Schorow
Secretary: Bill Sherwin
Treasurer: Mike Rissi
Events Chair: Cindy Asrir
Ride Chair: Mindy Steiner
Chief Editor, Flat Tyre Newsletter: Peggy George
Membership Chair: Vern Tucker
Sequoia Chair: Randall Braun
Web Chair: Emily Nishihira

Members At Large:
Lisa Burque
Robin Davis
Guy Shuman
Robert also expressed thanks to Christine Fawcett for her service on the board and for organizing Wilderness First Aid classes, and he recognized departing board members: Mona Schorow (webmaster), Dave Ziegler (editor in chief), and Members at Large Mike Grobler and Adrienne Harber for their service in 2018.

Ride Chair Awards:
After thanking Eric Greer for his work as Club Statistician, Mindy Steiner recognized the contributions of the many people who lead and/or coordinate rides.


The club has offered over 1,000 rides this year, an average of 85 rides per month and we've had 136 ride leaders.

Mindy recognized the Top Four Ride Leaders for the club in 2018: Vern Tucker with 60 rides led this year: Guy Shuman with 58 rides; Dave Fitch 53 rides and Cheryl Prothero 46 rides.

She also awarded an Honorary Lifetime Membership to Howard Shafer for the milestone of leading over 300 rides. His total so far is 310 rides.

She then conducted a raffle for club jerseys. The winners were Pete Letchworth, Don Johann and Janice Richards.

Mindy concluded by acknowledging and thanking the volunteers who have helped her this year with various tasks: Dave Stein, Richard Exley, Frank Houghton, Steve Prothero, Lisa Burque and Cindy Asrir.

Robert Sexton introduced Mona Schorow, who presented a Member Appreciation award on behalf of the board to Emily Nishihira for her many contributions to the club.

Cindy Asrir also presented a Member Appreciation award on behalf of the board to Mona Schorow for her service to the board and her many contributions to the club.

Cindy also presented an appreciation award to Robert Sexton on behalf of the board for his service as board President and his 2018 leadership of the Fall Fun Series.

Robert presented the Lefkowitz Award to Larry Dean for his bicycling advocacy work with Walk-Bike Cupertino. The award was accepted by Bert Nelson on Larry’s behalf.

Vern Tucker presented an award to David Ziegler for his 22 years of service as editor of the Flat Tyre. Dave was also awarded lifetime membership in Western Wheelers.

Robert also recognized the Sequoia Team Captains and presented Randall Braun with the President’s Award for his work on the Sequoia. This heartfelt presentation praised what Randall brings to the ride.

Photo Contest Awards:
Ron Dell’Aquila and Vicki Pelton announced Photo Contest results. The contest drew 45 photos from 33 people, with 112 votes.

First Place: Robert Sexton “Morning Montebello”
Second Place: John E. Gayler “Biking the Mid-Atlantic Rift at Thingvellir”
Third Place: Cindy Asrir “Onward and Upward in the Eastern Sierras”
Committee’s Choice: Mike Grobler “The Dish”

Ron and Vicki recognized Chain Reaction for the generous donation of four bicycle lights for the winners.

Welcome to Our New Members
December 2018

Vern Tucker, Membership
Please welcome the following new members to the Western Wheelers:

Cindy Robinson San Jose
William Chan Mountain View
Gregory Bell Palo Alto
Lorri Lee Lown San Jose
Severine Liu & Family Sunnyvale
Carole Sykes Burlingame

We also thank David Kamp for his generous donation to the Western Wheelers.
2019 Long Distance Training Ride Series

submitted by Guy Shuman – LDT Coordinator

The 2019 Long Distance Training Series (LDT) starts on Saturday January 5th with the Shoreline LDT. This is a series of Western Wheelers Bicycle Club rides which generally increase in length and difficulty through the winter and spring. The rides are open to both members and guests and offer B, C, D, and E routes. These rides are NOT only for our strongest riders. There is a place for everyone on these rides and the B, C-, and C+ rides provide a great opportunity to improve your riding and meet other club members. Here are a few tips to acquaint riders with the rides:

- **PLEASE BE ON TIME** LDT rides generally attract a large group of riders. Rides will depart at the scheduled time and we do not wait for stragglers. Allow time to unload your bike and sign up. Inflate your tires at home, not at the start! All rides through early March will meet at 9:45 for a prompt 10:00 departure – (signups and route sheet distribution end 5-10 minutes before departure!). If you are driving to the start please plan to be there at about 9:30 am as it takes a while to park, get your bike ready, and sign in!

- **BE PREPARED** Riders on LDT rides at all levels must be self-sufficient, though leaders and other participants will try to help you with any difficulties if able. Make sure your bike is in good condition, particularly for the longer distances. Riders should bring tools/parts/pump for fixing flat tires and cash/cell phone for emergencies. Ride leaders will generally NOT stop the entire ride to wait for one rider with a flat tire or mechanical problem. Please attach a handlebar clip so you can read the route sheet while riding – we do not wait at every turn.

- **ROUTE SHEETS** for all groups will be available at the start, however if you can print a route sheet at home and bring it with you it will be appreciated. All route sheets are posted before the rides on the WW web site. We have a web page that has route sheets and online maps/GPS files – seelink from each ride listing. We try to make the route sheets as accurate as possible and update them often - please notify us of any mistakes/omissions you discover. Please load the GPS file for the current year as routes can have minor (or major) changes from the previous year!

- **REGROUPS** are designated on all route sheets. The LDT rides attract a diverse level of riders, some of whom prefer to ride alone or in smaller groups at their own pace. With all levels (including the “C-“), riders traveling at a markedly slower pace than their group should not expect the group to wait for them. C riders will have two sign up sheets. The "C-" group will progress at a social C pace with mandatory regroups. The "C+" sign up will be for riders who want to ride the C route at their own pace (slower or faster) without mandatory regroups. The C- and C+ groups ride the same route.

- **LUNCH STOPS** are included on all routes (buy or bring). On most rides all pace levels stop for lunch at the same location, though they may not be there at the same time.

- **WET WEATHER** Rides will generally be canceled in the event of moderate rain. Subscribe to the “wwbc-RIDES” email list if you want to be notified of cancellations. When rides involve a significant drive to the start we often make a decision the previous day based on the forecast. See the web site under the EMAIL LISTS item for subscription information.

- **ROAD ETIQUETTE** "Share the Road" goes both ways! We often ride the LDT rides in large groups, particularly at the start of the ride. Set a good example and be as courteous to cars as you expect them to be to us. Obey traffic laws and move...
right to let cars pass if safe to do so. **Do not ride two abreast when cars are present.**

- **SAFETY** is our highest consideration.

- **COMMUNICATE!** Signal hazards to other riders verbally or with hand signals.

- When drafting make sure riders are aware of your presence.

- Wear **bright colors** to increase visibility.

- Give verbal warning when passing and avoid passing on the right.

- **SLOW DOWN!** Know your limits and stay well below them.

- **REGISTRATION:** No pre-registration is required for most rides. We ask participants to register on the club web site for our "2-3 day weekend" rides (Healdsburg/Pacific Grove//Cazadero), so we can plan better. (Registration is free and is **not** a strict requirement - please feel free to decide at the last minute if necessary.)

If you have any questions, please contact me directly (not the entire email list).

Guy Shuman (shumansteiner@gmail.com or 650-704-0895 Cell)

LDT Coordinator

**Note:** See the **Web Site Ride Schedule** for detailed information, last minute changes, updated leader information, accommodation information and route sheets.

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### 2019 Long Distance Training (LDT) Ride Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-Jan</td>
<td>Shoreline</td>
</tr>
<tr>
<td>12-Jan</td>
<td>Saratoga</td>
</tr>
<tr>
<td>19-Jan</td>
<td>Pulgas Water Temple</td>
</tr>
<tr>
<td>26-Jan</td>
<td>Morgan Hill</td>
</tr>
<tr>
<td>2-Feb</td>
<td>Seascape</td>
</tr>
<tr>
<td>9-Feb</td>
<td>Livermore</td>
</tr>
<tr>
<td>16-Feb</td>
<td>Calaveras</td>
</tr>
<tr>
<td>23-Feb</td>
<td>Hollister Hills (formerly San Juan Bautista)</td>
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<tr>
<td>2-Mar</td>
<td>Pescadero</td>
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<tr>
<td>9-Mar</td>
<td>Marin Headlands</td>
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<tr>
<td><strong>16-Mar</strong></td>
<td><strong>Healdsburg</strong> (2-3 day) (formerly Geyserville)</td>
</tr>
<tr>
<td>23-Mar</td>
<td>Berkeley Hills</td>
</tr>
<tr>
<td><strong>30-Mar</strong></td>
<td><strong>Pacific Grove</strong> (2-3 day)</td>
</tr>
<tr>
<td>6-Apr</td>
<td>Petaluma</td>
</tr>
<tr>
<td>13-Apr</td>
<td>TBD - Rain Date</td>
</tr>
<tr>
<td>20-Apr</td>
<td>Mountain Charlie</td>
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<tr>
<td>27-Apr</td>
<td>Skyline</td>
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<tr>
<td><strong>4-May</strong></td>
<td><strong>Cazadero</strong> (2-3 day)</td>
</tr>
<tr>
<td>11-May</td>
<td>Mt. Diablo</td>
</tr>
<tr>
<td>18-May</td>
<td>Mt. Tamalpais</td>
</tr>
<tr>
<td>27-May</td>
<td>Mt. Hamilton (Monday)</td>
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</tbody>
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3rd Place Photo Contest 2018
Cindy Asrir
Onward and upward in the Eastern Sierras
2018 Turning Wheels for Kids–Big Bike Build

On Saturday December 1, 2018, over 1,000 volunteers from more than 90 organizations gathered at the South Hall of the San Jose Convention Center to assemble bicycles for underprivileged kids. We put together more than 2,600 bikes and had a blast.

The Western Wheelers were well represented by 25 members, the largest team we’ve fielded in the 6 years we’ve participated. This year the mix of bikes leaned more towards derailleur hybrid bikes to help teens get to school and to part-time jobs… although there were still coaster-brake bikes for younger kids, some with training wheels.

We enjoyed donated bagels and cream cheese with coffee, tea or hot chocolate for breakfast, and a donated lunch of Caesar salad, tomato-cheese pasta and giant cookies.

There were too many of us to list everyone individually here, but thank you every Western Wheeler who volunteered your time and efforts, as well as donating money to TWFK: the funds go towards buying bikes, helmets and locks to give away to deserving kids, with well under 1% going to administrative costs as TWFK is run almost entirely by dedicated volunteers. Let’s do it again next year!

—Michael Khaw
Earbuds and Headphones are not suitable on group rides. Helmets and brakes are required on all rides. A, B, and C rides are typically more leisurely and have more short stops. Don't attempt rides beyond your ability. If you are taking your first ride, however, that the numbers represent the average speed for the entire ride. The longer, steeper and more frequent the hills, the higher the hilliness rating and the slower the average speed. A low hilliness rating does not guarantee that a ride contains no long or steep hills, because the rating could be diluted by flat stretches around the hills. If a ride contains an unusually challenging hill for its hilliness rating, an exclamation point (!) is appended to the hilliness rating. The ride description should provide more details. It is possible but rare to have a hilliness rating greater than 5.

### AVERAGE SPEEDS: The average speeds (mph) for the different pace and hilliness ratings are:

<table>
<thead>
<tr>
<th>HILLINESS RATING</th>
<th>Average Climb</th>
<th>HILLINESS Rating</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pace</td>
<td>0 1 2 3 4 5</td>
<td>0 2 3 4 5</td>
</tr>
<tr>
<td>Rating</td>
<td>1 2 3 4 5</td>
<td>NA</td>
</tr>
<tr>
<td>A</td>
<td>10 9 8 NA NA</td>
<td>NA 43-54</td>
</tr>
<tr>
<td>B</td>
<td>12 11 10 9 8</td>
<td>NA 34-43</td>
</tr>
<tr>
<td>C</td>
<td>14 13 12 11 10</td>
<td>NA 27-34</td>
</tr>
<tr>
<td>D</td>
<td>16 15 14 13 12</td>
<td>11 22-27</td>
</tr>
<tr>
<td>E</td>
<td>18 17 16 15 14</td>
<td>13 min.</td>
</tr>
</tbody>
</table>

If the pace rating letter has + or - appended to it, the average speed is changed by 1 mph.

### CHOOSING YOUR RIDE: The speeds in the above table may seem low because you know you can ride faster at times. Remember, however, that the numbers represent the average speed for the entire ride. Don’t attempt rides beyond your ability. If you are taking your first club ride, err on the conservative side. Novice cyclists are welcome on A rides. A, B, and C rides are typically more leisurely and have more regroups than D, E, and F rides, which are brisker-paced rides for more experienced and self-sufficient cyclists.

If you are unsure which group to go with on hilly rides, time yourself up Old La Honda road, and compare your time with the time ranges shown in the above table. If your time is within the range for a certain group, you can feel comfortable riding with that group on hilly rides. Note that the OLH time does not refer to your personal best time, but to the time in which you can comfortably climb Old La Honda, and perhaps not just once, but repeatedly, because that is the pace the group will be maintaining all day on multiple climbs.

If you choose to ride with a slower group, you should not expect them to speed up for you, and if you choose to ride with a faster group, you should not expect them to wait for you.

### RIDE RATING EXAMPLES: “C+/2/40” indicates a 40-mile ride with about 2000 feet of climbing, ridden at an average speed of 12 mph.

“E/4!(9700’)/100” indicates a 100-mile ride with 9700 feet of climbing, some of it very steep, ridden at an average speed of 13 mph.

### WEATHER CONSIDERATIONS: Rides may be canceled if rain seems likely during the ride. If in doubt, call the ride leader.

### RECOMMENDED EQUIPMENT: Please try to bring basic tools, sunglasses and sunscreen, water bottles, food or food money, a first-aid kit, phone change or cellphone, “layered” clothing, etc. Bright clothing recommended.

### LOCATIONS

**GUNN HIGH SCHOOL** main entrance is on Arastradero Rd. just east of Foothill Expressway in Palo Alto. Meet in parking lot AWAY FROM BUILDINGS. Don’t use when school is in session.

**McKENZIE PARK** Between Loyola Corners and Springer/Magdalena (Rancho Shopping Center) on Fremont Ave.

**BURGESS PARK** (Menlo REC. Center) is between Alma and Laurel Streets at Burgess Dr. (near Ravenswood Ave) in Menlo Park. Meet on Alma side unless otherwise specified.

**PEERS PARK** in Palo Alto is on Park Blvd. North of the California Ave. train Station. Note: There is a car barrier just South of the park on Park Blvd.

**SHOUPE PARK** in Los Altos, on University Ave. near Main Street, off Foothill.

**SUNNYVALE COMMUNITY CENTER** is at Manet and Remington in Sunnyvale. Meet at the south side of the complex.

**WOODSIDE GRADE SCHOOL** (the ex-Town Hall) is on the south side of Hwy 84 (Woodside Rd), about 1/4 mile west of Cañada Rd. in Woodside. (NOT to be confused with NEW Woodside Town Hall about 1/8 mile east of Cañada Rd.) Park in lot at Whiskey Hill and Woodside Road—behind the Pioneer Hotel—when school is in session.

### IMPORTANT

- Helmets and brakes are required on all rides.
- Unsafe bicycles are not allowed.
- Earbuds and Headphones are not appropriate on group rides.

For Insurance reasons, only members may lead rides.

The complete

Ride Schedule

is available online [westernwheelers.org](http://westernwheelers.org)
2nd Place Photo Contest 2018
John E. Gayler
Biking the Mid-Atlantic Rift at Thingvellir

Any Western Wheelers club member can propose a Ride by using the online Ride Listing Composer on the Ride Leaders Resources page found at https://westernwheelersbicycleclub.wildapricot.org/ride_leaders_guide or by sending a ride description containing complete details to addride@westernwheelers.org. Be sure to include date, title, start time/place, distance, rating, lunch arrangements, and your phone/email contact information. The earlier you list your ride, the more participation you are likely to have. There is no strict deadline, but please try to submit your ride at least two days before the ride. Do NOT email your listing directly to the email list(s).

January 2019
Weekly and Repeating Rides

Every Monday

A/0/15 SOCIAL PACED MONDAY MORNING COFFEE RIDE. If you are not ready for the faster pace of the other Monday morning coffee rides until after you’ve had your coffee, then this ride might be just right for you. Meet Tom Stephany (650-483-4273 day of ride only) at Rengstorff Community Center 201 S. Rengstorff Avenue, Mountain View. Due to remodeling the regular parking lot is closed and we’ve had to change our meeting area. Meet in the parking lot near the corner where Rengstorff and the train tracks meet. From Rengstorff Drive going East, turn on Crisanto Ave. just before reaching the train tracks. Parking lot is 400 feet on the right. We’ll meet at 8:45 for a 9:00 am departure for Cafe Borrone in Menlo Park. Very flat, and we’ll travel at a mild, social, and comfortable “A” pace. Nobody left behind, we are in this together. Rain cancels.

BC/1/24 MONDAY MORNING MOCHA MOOCH. Start your week with a fast or easy ride (you decide) to Cafe Borrone in Menlo Park. Reflect upon the past weekend with old and new friends. Return at a social pace through quiet residential streets. Meet at 9:15 for a 9:30 am departure at the Lucky Supermarket parking lot (2175 Grant Road, Los Alto, CA) Cross streets are Foothill Expressway and Arboretum. Pete Letchworth (pete@letchworths.com) and Allen Cymrot (cymrealadv@gmail.com) share leadership on this ride.

BCD/1/26 JAVA JIVE FROM SAN MATEO. The Monday morning ride for bicyclists who live in the northern cities of the Peninsula is growing in numbers. It is a flat (except overpasses) route to Cafe Borrone in Menlo Park for coffee and/or breakfast. We return at a social pace through the quiet, residential streets in Menlo Park, Atherton, Redwood City, San Carlos, and Belmont. The Hill Climbers’ Option adds 12 to 16 miles to the ride. Meet at Los Prados Park at 8:30 am for a departure at 8:45 am. Directions: From 101, drive east on Hillsdale Blvd., take the first right on Norfolk St. and right again on La Selva; take the first left onto Casa de Campo. The Park is on the left. For more information, call Tom Prager (650-219-9206, trprager1200@gmail.com). Rain/muddy conditions cancel.

DE/1/28 JAVA JIVE DOUBLE EXPRESSO. Jump out of the starting blocks at 9:15 with a fast
pace-line to Cafe Borrone in Menlo Park. We will work our way back along the foothills after coffee. No sweep; one regroup for coffee. Meet at the Bicycle Outfitter, 963 Fremont Ave (Loyola Corners), Los Altos, near the corner of Fremont, Miramonte and Foothill Expressway. Leader: Dave Fitch, davidfitch@prodigy.net.

**Every Tuesday**

**B/B+/2/30 RIDE FROM SHARON PARK.** Rides and ride leader will vary each week but you can count on a ride from Sharon Park Safeway Lot in Menlo Park every Tuesday. Meet either Ken Lum (lum40@comcast.net or 650-832-8133) for a SHARON PARK TO SHORELINE B ride or Jim Burque (408-656-4645, jburque54@gmail.com) for a B+ ride. See online ride schedule for specific details for each ride. Meet at 9:50 am for a 10:05 departure at 325 S. Sharon Park Drive, Menlo Park.

**CD/2/30-35 BLASBERG’S TUESDAY LOOP RIDE.** Peter B. has now retired from leading this ride. In honor of his many years of dedicated service we have named the ride after him, and the immortal words of his ride description will be retained here, mostly intact. So here we go: Retired, home executive, between jobs, playing hooky? We'd love to have you join us each Tuesday during the year, rain or shine, at Starbucks in the Westmoor Shopping Center in Sunnyvale, corner of Fremont and Mary, at a later, civilized hour. The route is a variation of the Portola loop with lunch stops at various eating places in the Palo Alto area. There are hilly C and D routes as well as a flat route. All rides meet at 10:45 for a prompt 11:00 am departure. The hilly route varies through the month. See the online Events Calendar for links to routes in Excel and PDF formats. Everyone assembles together at regroups and for lunch. Many stop for coffee near the end of the ride. Leader: Vern L. Tucker, vtltbike@yahoo.com, home 408-730-2548, cell 408-893-6008. Bring lunch or buy. GPS Files: Tuesday Loop GPS Files

**DE/4/20 TUESDAY POWER LUNCH.** Join Robert Sexton (robert@kudra.com, (408) 218-8466) and Chris Napoli (cnapoli@gmail.com) (919) 260-0509) for a fast lunchtime ride from Cupertino into the hills around Stevens Creek Reservoir. Typical routes include one of: Montebello, Redwood Gulch, or Villa Montalvo/Peach, and are finalized at the ride meet to be about 90 minutes long with a brief regroup at the top of the hill(s) of choice. Meet behind the Cupertino Target (intersection of Alves Drive and Saich Way) by noon for a 12:05 Sharp departure.

**Every Wednesday**

**DE/3-4/35-65 HILLS-R-US.** Gather at Shoup Garden Park, 400 University Ave., Los Altos at 10 am, ride departs at 10:15. Pace and regroups accommodate all D and E riders, so that no one feels they’re making the others wait for them. Rides vary weekly but often include Hwy 9, Page Mill, Old La Honda, Kings Mountain, West Alpine or Tunitas. Be prepared for variable weather on Skyline. Foul weather in the hills keeps the ride in the valley. Rain cancels. Route, including lunch stop or lack of one, and leader(s) announced 1-2 days beforehand via the WWBC webpage under Ride Information/Hills R Us at: https://westernwheelersbicycleclub.wildapricot.org/page-1111752 Leaders: Steve Chapel (650 823-7982, schapel2@gmail.com) Paul Melville (408 257-3626, melvillepaul@hotmail.com) and Doug Hahn (650 279-0357, dhahn11@yahoo.com)

**D/3-4/35-65 HILLS-R-US, SOCIAL CLIMBERS D VERSION.** If you can ride the hills but not at the fast D/E pace, come join us, the D Social Climbers. We do the same ride as the D/E’s, meeting at Shoup Park at 9:45 am for a 10:00 departure. These rides vary weekly, but often include Hwy 9, Page Mill, Old La Honda, Kings Mountain, West Alpine or Tunitas. Always be prepared for variable weather on Skyline. Foul weather in the hills keeps the ride in the valley. Rain cancels. Ride leaders are Dave Fitch (davidfitch@prodigy.net or 408-406-2048) and Don Johann (don_johann@sbcglobal.net ). The route sheet is on the WWBC webpage under Ride Information/Hills R Us at: http://westernwheelersbicycleclub.memberlodge.com/page-1111752 Please print out a copy as the ride leader doesn't provide route sheets.
Every Thursday

B & C THURSDAY MORNING RIDES. B and C groups meet every Thursday morning at various places, usually at 10 am. See online ride schedule for specific dates and details.

Every Friday

B/2/30-50 FRIDAY B RIDE. Meet Louis Rustenburg (408-420-0443, louisngisele@gmail.com) every 1st and 3rd Friday and Vern Tucker (408-730-2548, vltntvl@comcast.net) every 2nd and 4th Friday at 10 AM at McKenzie Park for a 10:15 AM ride start. Rides will be a mix of hills and flatter residential roads, with a lunch stop along the way.

The second Sunday of every month rides:

B/2/24 2ND SUNDAY – JEFFERSON LOOP.

C/2/27 2ND SUNDAY RWC CROSS. Monthly ride to the Redwood City Cross via Tripp, Cañada and Godetia. Optional Huddart Park Loop. Lunch at Sancho's Taqueria and return via Alameda de las Pulgas. This is a social-paced ride with mandatory regroups, but faster riders are welcome to form a separate C+ group at the start. Meet at McKenzie Park in Los Altos at 10:00 AM for 10:15 AM departure. Leader: Frank McConville (650-450-2325 or frank_mc_conville@hotmail.com). Rain cancels. Route sheets/Maps: http://westernwheelersbicycleclub.memberlodge.com/page-1863579.

The fourth Sunday of every month rides:

B/2.5/25 4th SUNDAY - SARATOGA. Hello Social "B"s. Join Emily (82sunshine82@gmail.com) on a leisurely ride heading up Mt. Eden, then meandering through The Maze to downtown Saratoga where there are a couple lunch options (bring or buy) before heading back via Seven Springs Parkway. Meet at McKenzie Park in Los Altos (near tennis courts) at 10am for 10:15 departure. Rain cancels. Route sheet: 4th Sunday B Ride (Saratoga) or GPS: Map/GPS File C/3/35 4th SUNDAY - LOS GATOS. Monthly ride to Los Gatos via Mt. Eden, Pierce, and Villa Montalvo. Lunch in Los Gatos and return through the Maze. This is a social paced ride with mandatory regroups, but faster riders are welcome to form a separate C+ group at the start. Meet at McKenzie Park in Los Altos at 10:00 AM for 10:15 AM departure. Leader: Frank McConville (650-450-2325 or frank_mc_conville@hotmail.com). Rain cancels. Route sheets/Maps: http://westernwheelersbicycleclub.memberlodge.com/page-1863579.