

Sequoia Century Coming June 3!



2018 Sequoia Chair
Randall Braun

Hello Wheelers! The Sequoia is fast approaching, and our terrific team has been toiling on the many detailed items that make our event so Tree-mendous! Thankfully, we only need about 75 more volunteers in a few remaining tasks, so please go to the “Volunteer” link on the WW site now and

sign up to be a fun and valuable part of the upcoming 2018 Sequoia!

Speaking of rewarding . . . all the wonderful Sequoia and Western Wheelers volunteers are cordially invited to come out for the new 2018 Sequoia Fiesta! You might have heard some of the rumors about this year’s workers ride. Previously that post-Sequoia event was a weekend, now it’s all on one day, **Saturday, June 9**, and it’s called the **Sequoia Fiesta!** Details: We have reserved a wonderful umbrella- and table-decorated site right in downtown Pescadero, and we also have the best local Pescadero caterer and barbeque chef coming, as well as drinks, some games and coastside music too! As for the cycling, we’ll have ride choices that start right from there: a B/1.9/25, a C/2.4/45 and a D/2.9/58. And if anyone wants to ride over the hill and back, or carpool back, that’s great too! (Sign-up page coming soon.)

The classy standout Sequoia Jersey is now available from Voler.com. They are made to order and will take about a week to be received. Volunteers may choose a promo code to get the jersey at a discounted cost. We also have some very cool Sequoia Socks for sale on the site, so get a pair or two—you will wear them with pride!

As of mid-April, the Sequoia is about 60% full. The reg fees will go up on May 1, and we anticipate it will fill and close soon! So if you have any out of town cycling friends who want to see if our *challengingly beautiful* ride is as *amazingly great* as they’ve heard, then now is the time to invite them to step up and sign up and see for themselves!

Don’t forget that we’re going to have a Fun Finish again this year at the same shaded and secluded Foothill site with great food, vendors, music and a *smoothie bike!* (Gotta come to see what that is.) REI is again stepping up to providing a big piece of the finish zone, so this will be a fitting and well-deserved reward to all the riders and the volunteers, too.

The Sequoia is our annual expression of appreciation and gratitude for what we have: the beautiful scenery and fresh air and the numerous roads that allow us to challenge ourselves year round and the venues to share it with great friends. The Sequoia is not just for cyclists, it’s also our gift to the surrounding communities, and it’s a privilege to be a part of it.

Registration
is OPEN

SUNDAY, JUNE 3

LOS ALTOS, CA
FOOTHILL COLLEGE
6 AM START

4 ROUTES

44 mi/4460 ft
max 151 riders

67 mi*/7200 ft
max 49 riders

72 mi/7700 ft
max 300 riders

100 mi/10,025 ft
max 500 riders

*67 mi has ~10 mi of gravel!

westernwheelers.org/sequoia



THE SEQUOIA 2018
Benefits the coastside community:
Puente (mypuente.org) and La Honda Fire

The Flat Tyre is the monthly newsletter of the Western Wheelers Bicycle Club, Inc., P.O. Box 60367, Palo Alto, CA 94306. Do not send material for the newsletter to the club post office box; the editor might not get it in time. Material for the newsletter should be sent to editors@westernwheelers.org.



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Fall Fun Series **Volunteer Needed!**
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Thursday am C rides Pete Blasberg (408) 245-1434
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Tuesday am C/D rides Vern Tucker hm: (408) 730-2548
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Log in to westernwheelers.org to read/post/subscribe to club emails for ride cancelations, road conditions and miscellaneous club ride topics.

May Calendar

Wednesday, May 9 WWBC Board Meeting
Monday, May 21 Deadline for **changes** to recurring Weekly Rides to Ride Chair, Mindy Steiner mindysteiner1@gmail.com

Wednesday, May 23 Flat Tyre Deadline

ALL material for May due to editors@westernwheelers.org

Editor's Note! We are truly in need of another Flat Tyre editor or two. Dave and I are retiring at the end of this year. We have some new help on board, but we need YOU. editors@westernwheelers.org

Last! Flat Tyre Mailing



Christine Fawcett, Newsletter Pro-

April Mailing Party

Around twenty Western Wheelers joined me and my spouse Andy in making the final mailing of the paper Flat Tyre a truly memorable occasion. Guests were Pete Letchworth, Dave Ziegler, Howard Schafer, Peggy George, Beth Russell, Jim and Lisa Burke, Joice White and Curt Relick, Suzie Shao,

Jani Richards, Lynn Tottori, Michael Khaw, Holly Wong, Rob Williamson, Paul Wendt, Vicki Pelton, The work was done in record time before the pizza arrived. Vicki Pelton entertained us with a demonstration of how to make balloon animals, bunnies in particular. Thanks are due to Suzie Shao, Jani Richards and Lynn Tottori, all of whom brought home-made desserts, and to Beth Russell for the amazing magnum of red wine (sorry we didn't have a decanter!). Also thanks to Dave Z. for picking up the Flat Tyre from the printers, not to mention all his work in editing the final edition—I know there was a lot to cram in. And thank you Pete for picking up the appetizers and drinks.

Thanks are due also to many others not present who have helped with the mailing over the years—in particular Pam Lerner and Joe Tolfree, both of whom have filled in for me when I was away; Mona Schorow and Dick Blaine for producing the mailing labels; and hosts and/or frequent mailers Ralph Rohwer, Judy Colwell, Martha Landis, Bonnie Ellstadt and David Falconer, Rosemary and Dale Gill, Linda Vanderhule, Bettina Vinsant, Guy and Mindy Shuman, Allen and Barbara Cymrot, Anne Paulson, Kelle Mason, and no doubt many more. I apologize for those I have not included. I am really going to miss these social gatherings and hope we will find ways to continue them.

Western Wheelers Board Minutes

April 18, 2018

In attendance: Cindy Asrir, Randall Braun, Christine Fawcett, Mike Grobler, Adrienne Harber, Robert Sexton, Bill Sherwin, Guy Shuman, Mindy Steiner, Vern Tucker, Dave Ziegler



Absent: Mona Schorow, Mike Rissi (both sent in email reports)

Monthly Updates

Treasurer: Mike reported that the club is on budget with no major concerns.

Membership: Vern reported that the club has just over 1000 members. 44 members are lapsed, and 65 are overdue but not yet lapsed. Guy reported that he sent 100+ cards to lapsed members but he has not yet analyzed the results. Vern said that he would like the Sequoia captains to provide him with a list of who shows up for the event to ensure that they get their free memberships.

Chief Editor: Dave reported that the last print issue of the *Flat Tyre* is done and that the editors are looking at identifying a couple of people who can take over in the future. The deadline for the *Flat Tyre* going forward will be the 23rd of each month.

Webmaster - Mona reported that the web conversion has gone very smoothly and that there have been a lot of kudos for the new site. She said that more format and navigational changes are coming, and she will provide more details at the May meeting.

Events Chair: Cindy reported that the next event is the spring picnic and details are still being finalized. REI will have a presence at the picnic. She reported that other activities in the works include a movie night, REI-sponsored bike repair clinics, and a Tour de France party.

Ride Chair: Mindy reported that we are transitioning to the new ride-listing process. There have been some bumps, but she is confident that we will work through these. She reported that George Schuttinger will continue to coordinate the Thursday B ride. She also said that the LDTs are going great and she reported that the club is looking for a new person to coordinate the Fall Fun Series.

Sequoia: Randall reported that we are at about 60% capacity for the ride and things are going great! He said that there are no big issues so far and that all permits are in place. He also reported that plans for the "Sequoia Fiesta" are in place, too.

General Items

Robert reported that the ride listing group is still working on making changes and are not yet ready to provide a report.

There was general discussion around whether or not we should hold on to the bulk mailing permit, given that we are no longer mailing the *Flat Tyre*. We deferred that decision until we have more info from Christine and input from Mike.

Christine reported that progress has been made on the first aid kits. There should be enough material to make about 30 kits.

Mindy repeated what she has been saying for a while: Meetup is difficult to use. A motion was made to allow Meetup to expire in June and that the Ride Chair can wind it down as she sees fit. The motion carried 10-1.

There was general discussion around whether or not the club would pay for transport home when the ride leader determines that a rider should not continue a ride. No formal motion was made, but the consensus of the board was that this would set an inappropriate precedent.



Welcome New Members

Vern Tucker, Membership

April 2018

Please welcome the following new members to Western Wheelers:

Teela Swanson	Atherton
Blake Barnett	Hayward
Dan Nevo	Cupertino
John Kristian	Los Altos
Melinda Langlois	San Francisco
Mary Arnone	Mountain View
William Slattery	Los Gatos
Amy and Tom Giles	Union City
John Lessar	Redwood City
Julie Jervis	Cupertino
Stefan Apitz and Family	Mountain View
Alex Vargas	Redwood City
David Greenstein	Cupertino
Peter Ludermann	Los Altos

LDT CORNER

Guy Shuman, LDT Coordinator



The Long Distance Training Series will conclude on Memorial Day, but there are still four fabulous weekends left, so let's enjoy the sunny spring weather! The **Cazadero LDT Weekend** on May 4–6 explores the beautiful but hilly Russian River country west of Guerneville. This is primarily a camping weekend, but there are some local hotel accommodations as well.

The LDT series then concludes with climbs of the three highest Bay Area peaks (**Mt. Diablo, Mt. Tamalpais, and Mt. Hamilton**) on successive weeks. These rides all involve long climbs, but none are steep, and all are suitable for B through E riders. They are all beautiful rides with fantastic views of the Bay Area and Pacific Ocean (and sometimes the Sierras)! See online schedule for ride details.

Note that we will again be offering our “**Fall Napa Valley LDT**” camping excursion. On October 5–7, 2018 we'll explore the Napa Valley with a fun 3 day camping excursion. Save the dates on your calendar—detailed info coming soon . . .

Silicon Valley Bicycle Exchange: Relocation Needs

Situation

For 25 years, the non-profit Silicon Valley Bicycle Exchange has been repairing used bicycles and donating them to social service agencies for their clients. A property situation may now require us to find a new home. We need an operating space to support our skill-sharing alternate-Saturday volunteer events. We're open to shared-use facilities (business, school, church etc.)

What's Needed

We need an operating space, available by July 2018. This could be a parking lot, or raw land, or unused garage or workshop space. SVBE has resources to procure and erect workshop and storage facilities as needed.

Space Needs

Currently Silicon Valley Bicycle Exchange (SVBE) has 2500 sq. ft. of workshop, shipping container, and tented storage space behind an automotive garage, expanding into an additional 3000 sq. ft. of back parking lot to host 50-100 volunteers during weekend volunteer events.

Contact Silicon Valley Bicycle Exchange
info@bikex.org or (650) 691-5989

Our Web Site: Smooth Conversion to a New Version

Mona Schorow, Webmaster



We had a lot of help! Emily Nishihira was instrumental. Dick Blaine, Jim Christol, Judy Colwell. Ron Dell-Aquia, Christine Fawcett, Mike Khaw, Denis Lynch, Steve Prothero, David Schorow, Carol Shaw, and Vern Tucker quickly reviewed the site making sure it worked properly. Naomi Bloom noted a change needed for the Membership process. Registrations for The Sequoia and volunteering continued. The Western Wheelers didn't miss a beat!



Ours is a volunteer organization, and we all pitch in. When you note issues or make suggestions for the site, it really helps because then we can fix it. If you are comfortable with the web and/or can write reasonably well would you like to help even more? Do you know CSS? If you'd like to help—whether with a small “one-off” or with a regular activity—just email me at MonaSchorow@gmail.com. I'll describe the “dessert tray” of activities from which you may choose or eschew.

Each of us brings something different to the party. We each do our little bit and the result is spectacular. Western Wheelers is a great volunteer organization, thanks to you.

Edditor's note: It goes without saying that the club owes huge gratitude to Mona Schorow for spearheading this time-consuming process!



Printing the Flat Tyre

Many of us enjoy having the *Flat Tyre* on paper. You can print your *Flat Tyre* from the Western Wheeler website if your computer has a printer. Here are a couple of ways to do this:

Using Chrome browser

Click on the icon of the printer on the top right corner of your screen.



Then click on the blue [Print] key near the top of your screen.



Using Safari browser

From the [File] menu at the top of your screen, select [Print], the last choice.



Then click on the blue [Print] key on the bottom right of the popup.



If you have questions:

Vern Tucker vltbike@yahoo.com

Dick Blaine dick@theblaines.net

They may be able to assist you.

(Thank you, Vern and Dick.)

Western Wheelers May 2018 Recurring Rides

DETAILS OF RIDE CLASSIFICATION: The format of the ratings is:

PACE/HILLINESS (total climbing if known)/DISTANCE

PACE (A-F): Indicates the average speed while riding, with A being the slowest and F being the fastest. Nonriding time is not counted, so rides with long stops may have the same average speed as rides with short stops.

HILLINESS (0-5): Rates the terrain based on the average feet climbed per mile for the entire ride. This is the ratio of the total climb to the total distance, all divided by 25.

Hilliness Rating	0	1	2	3	4	5	
Average Climb	0	25	50	75	100	125	(Feet/Mile)

The longer, steeper and more frequent the hills, the higher the hilliness rating and the slower the average speed. However, a low hilliness rating does not guarantee that a ride contains no long or steep hills, because the rating could be diluted by flat stretches around the hills. If a ride contains an unusually challenging hill for its hilliness rating, an exclamation point (!) is appended to the hilliness rating.

The ride description should provide more details. It is possible but rare to have a hilliness rating greater than 5.

AVERAGE SPEEDS: The average speeds (mph) for the different pace and hilliness ratings are:

	HILLINESS RATING						Average
Pace	0	1	2	3	4	5	OLH Time
Rating	0	1	2	3	4	5	
A	10	9	8	NA	NA	NA	NA
B	12	11	10	9	8	7	43-54 min.
C	14	13	12	11	10	9	34-43 min.
D	16	15	14	13	12	11	27-34 min.
E	18	17	16	15	14	13	22-27 min.

If the pace rating letter has + or - appended to it, the average speed is changed by 1 mph.

CHOOSING YOUR RIDE: The speeds in the above table may seem low because you know you can ride faster at times. Remember, however, that the numbers represent the average speed for the entire ride. Don't attempt rides beyond your ability. If you are taking your first club ride, err on the conservative side. Novice cyclists are welcome on A rides. A, B, and C rides are typically more leisurely and have more regroupings than D, E, and F rides, which are brisker-paced rides for more experienced and self-sufficient cyclists.

If you are unsure which group to go with on hilly rides, time yourself up Old La Honda road, and compare your time with the time ranges shown in the above table. If your time is within the range for a certain group, you can feel comfortable riding with that group on hilly rides. Note that the OLH time does not refer to your personal best time, but to the time in which you can comfortably climb Old La Honda, and perhaps not just once, but repeatedly, because that is the pace the group will be maintaining all day on multiple climbs.

If you choose to ride with a slower group, you should not expect them to speed up for you, and if you choose to ride with a faster group, you should not expect them to wait for you.

RIDE RATING EXAMPLES: "C+/2/40" indicates a 40-mile ride with about 2000 feet of climbing, ridden at an average speed of 12 mph.

"E/4!(9700)/100" indicates a 100-mile ride with 9700 feet of climbing, some of it very steep, ridden at an average speed of 13 mph.

WEATHER CONSIDERATIONS: Rides may be canceled if rain seems likely during the ride. If in doubt, call the ride leader.

RECOMMENDED EQUIPMENT: Please try to bring basic tools, sunglasses and sunscreen, water bottles, food or food money, a first-aid kit, phone charge or cellphone, "layered" clothing, etc. Bright clothing recommended.

LOCATIONS

GUNN HIGH SCHOOL main entrance is on Arastradero Rd. just east of Foothill Expressway in Palo Alto. Meet in parking lot AWAY FROM BUILDINGS. Don't use when school is in session.

McKENZIE PARK Between Loyola Corners and Springer/Magdalena (Rancho Shopping Center) on Fremont Ave.

BURGESS PARK (Menlo REC. Center) is between Alma and Laurel Streets at Burgess Dr. (near Ravenswood Ave.) in Menlo Park. Meet on Alma side unless otherwise specified.

PEERS PARK in Palo Alto is on Park Blvd. North of the California Ave. train Station. Note: There is a car barrier just South of the park on Park Blvd.

SHOUP PARK is in Los Altos, on University Ave. near Main Street, off Foothill.

SUNNYVALE COMMUNITY CENTER is at Manet and Remington in Sunnyvale. Meet at the south side of the complex.

WOODSIDE GRADE SCHOOL (the ex-Town Hall) is on the south side of Hwy 84 (Woodside Rd), about 1/4 mile west of Cañada Rd. in Woodside. (NOT to be confused with NEW Woodside Town Hall about 1/8 mile east of Cañada Rd). Park in lot at Whiskey Hill and Woodside Road—behind the Pioneer Hotel—when school is in session.

HELMETS ARE REQUIRED ON ALL RIDES!
UNSAFE BICYCLES ARE NOT ALLOWED.
EARBUDS AND HEADPHONES ARE NOT
APPROPRIATE ON GROUP RIDES.
FOR INSURANCE REASONS, ONLY MEMBERS MAY LEAD RIDES.

The complete Ride Schedule
is available only online. Go to
westernwheelers.org

Weekly Rides

Every Monday

A/0/15 SOCIAL PACED MONDAY MORNING COFFEE RIDE.

If you are not ready for the faster pace of the other Monday morning coffee rides until after you've had your coffee, then this ride might be just right for you. Meet **Tom Stephany** (650-483-4273 day of ride only) at Rengstorff Community Center 201 S. Rengstorff Avenue, Mountain View. The regular parking lot is temporarily closed, so we'll meet in the parking lot near the corner where Rengstorff and the train tracks meet. From Rengstorff Drive going East, turn on Crisanto Ave. just before reaching the train tracks. Parking lot is 400 feet on the right. We'll meet at 8:45 for a 9:00 am departure for Cafe Borrone in Menlo Park. Very flat, and we'll travel at a mild, social, and comfortable "A" pace. Nobody left behind, we are in this together.

BC/1/24 MONDAY MORNING MOCHA MOOCH.

Start your week with a fast or easy ride (you decide) to Cafe Borrone in Menlo Park. Reflect upon the past weekend with old and new friends. Return at a social pace through quiet residential streets. Meet at 9:15 for a 9:30 am departure at the Lucky Supermarket parking lot (2175 Grant Road, Los Alto, CA) Cross streets are Foothill Expressway and Arboretum. **Pete Letchworth** (pete@letchworths.com or 408-257-7626) and **Allen Cymrot** (cymrealadv@gmail.com) share leadership on this ride.

BCD/1/26 JAVA JIVE FROM SAN MATEO.

The Monday morning ride for bicyclists who live in the northern cities of the Peninsula is growing in numbers. It is a flat (except overpasses) route to Cafe Borrone in Menlo Park for coffee and/or breakfast. We return at a social pace through the quiet, residential streets in Menlo Park, Atherton, Red-

Rain Cancels unless otherwise noted!

wood City, San Carlos, and Belmont. The Hill Climbers' Option adds 12 to 16 miles to the ride. Meet at Los Prados Park at 8:30 am for a departure at 8:45 am. Directions: From 101, drive east on Hillsdale Blvd., take the first right on Norfolk St. and right again on La Selva; take the first left onto Casa de Campo. The Park is on the left. For more information, call **Tom Prager** (650-219-9206, trprager1200@gmail.com). Rain/muddy conditions cancel.

DE/1/28 JAVA JIVE DOUBLE EXPRESSO.

Jump out of the starting blocks at 9:15 with a fast pace-line to Cafe Borrone in Menlo Park. We will work our way back along the foothills after coffee.

No sweep; one regroup for coffee. Meet at the Bicycle Outfitter, 963 Fremont Ave (Loyola Corners), Los Altos, near the corner of Fremont, Miramonte and Foothill Expressway. Leader: **Dave Fitch**, davidfitch@prodigy.net.

CD/2-3.5/15-30 MONDAY "MIDPEN" EVENING

RIDE. Join us on Mondays at the REI store in San Carlos. Meet at 5:45 for a 6 pm departure from the store (located at 1119 Industrial Road, San Carlos). Weekly routes will vary, however our proximity to Woodside, Emerald Hills, San Carlos and Belmont gives us tremendous route flexibility. There will be two groups this year. Each group will form based on the skills of the riders that show up (recovery riders and beginners welcome). REI will provide us dedicated techs for minor adjustments or repairs from 5:30–6 pm. C riders will stop for regroups; D riders will not. For more information, please contact: **Frank Houghton** at [\[ton@yahoo.com\]\(mailto:ton@yahoo.com\) or **Tom Ockenden** at \[tomaockenden@comcast.net\]\(mailto:tomaockenden@comcast.net\).](mailto:fhough-</p>
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Reminders from the Ride Chair

Mindy Steiner

Any Western Wheelers club member can propose a Ride by using the online Ride Listing Composer on the Ride Leaders Resources page at westernwheelers.org or by sending a ride description containing complete details to addride@westernwheelers.org. Be sure to include date, title, start time/place, distance, rating, lunch arrangements, and your phone/email contact information. The earlier you list your ride, the more participation you are likely to have. There is no strict deadline, but please try to submit your ride at least two days before the ride. Do NOT email your listing directly to the email list(s).

Changes to the Ride Submission Process

We will no longer have deadlines for listing rides. Starting immediately, all rides will be submitted using the Ride Listing Assistant or by emailing a complete listing to "addride@westernwheelers.org". This is similar to the way we have been listing "impromptu" rides, but the word impromptu will be eliminated from ride listings. The rides will be checked for completeness and accuracy and then posted on the calendar. We will process the rides as quickly as possible, but leaders should submit their ride early—preferably at least 24-48 hours ahead. The Ride Chair will send out weekly emails to "wwbc-RIDES" informing the club of recently added rides and any changes to rides previously listed on the calendar. If a ride is submitted after the weekly email has been sent out (and it's for the current week) then an additional email will be sent out to "wwbc-RIDES" (the same way we currently do for "impromptus"). Full information about submitting/leading rides can be found in the Ride Leaders Guide online.

The complete ride schedule will only be available online, but members will be able to print a current schedule at any time by printing the "calendar view" or switching to "List View" for a more detailed printout.



Every Tuesday B/B+/2/30 RIDE FROM SHARON PARK. Rides and ride leader will vary each week but you can count on a ride from Sharon Park Safeway Lot in Menlo Park every Tuesday. Meet either **Ken Lum** (lum40@comcast.net or 650-832-8133) for a **SHARON PARK TO SHORELINE B ride** or **Jim Burque** (408-656-4645, jburque54@gmail.com) for various B+ rides. See online ride schedule for specific details for each ride. Meet at 9:50 am for a 10:05 departure at 325 S. Sharon Park Drive, Menlo Park.

CD/2/30-35 BLASBERG'S TUESDAY LOOP RIDE. Peter B. has now retired from leading this ride. In honor of his many years of dedicated service we have named the ride after him, and the immortal words of his ride description will be retained here, mostly intact. So here we go: Retired, home executive, between jobs, playing hooky? We'd love to have you join us each Tuesday during the year, rain or shine, at Starbucks in the Westmoor Shopping Center in Sunnyvale, corner of Fremont and Mary, at a later, civilized hour.

The route is a variation of the Portola loop with lunch stops at various eating places in the Palo Alto area. There are hilly C and D routes as well as a flat route. All rides meet at 10:45 for a prompt 11 am departure. The hilly route varies through the month. See the online Events Calendar for links to routes in Excel and PDF

formats. Everyone assembles together at regroup and for lunch. Many stop for coffee near the end of the ride. Leader: **Vern L. Tucker**, vltbike@yahoo.com, home 408-730-2548, cell 408-893-6008. Bring lunch or buy.

DE/4/20 TUESDAY POWER LUNCH. Join **Robert Sexton** (robert@kudra.com, 408.218.8466) and **Mark Bagnola** (mbagnola@mac.com) for a fast lunchtime ride from Cupertino into the hills around Stevens Creek Reservoir. Typical routes include one of: Montebello, Redwood Gulch, or Villa Montalvo/Peach, and are finalized at the ride meet to be about 90 minutes long with a brief regroup at the top of the hill(s) of choice. Meet behind the Cupertino Target (intersection of Alves Drive and Saich Way) by noon for a 12:05 sharp departure.

CD/2.5/15 TUESDAY EVENING RIDE. Join us after work every Tuesday evening for a backroads tour of Woodside and environs, including some moderate hills. Meet in the parking lot behind the Pioneer Saloon in downtown Woodside at 5:45 for a 6 pm departure. Ride leader and route sheet vary from week to week. Please equip your bike with front and back lights for added safety in low light evening conditions. Ride coordinator: **Richard Exley** (therexley@gmail.com 650-704-3801).

Every Wednesday

DE/3-4/35-65 HILLS-R-US. Gather at Shoup Garden Park, 400 University Ave., Los Altos at 9 am; ride departs at 9:15. Pace and regroup accommodate all D and E riders, so that no one feels they're making the others wait for them. Rides vary weekly but often include Hwy 9, Page Mill, Old La Honda, Kings Mountain, West Alpine or Tunitas. Be prepared for variable weather on Skyline. Foul weather in the hills keeps the ride in the valley. Rain cancels. Route, including lunch stop or lack of one, and leader(s) announced 1-2 days beforehand via the WWBC webpage under Ride Information/Hills R Us at: <https://westernwheelersbicycleclub.wildapricot.org/page-1111752> Leaders: **Steve Chapel** (650 823-7982, schapel2@gmail.com) **Paul Melville** (408 257-

3626, melvillepaul@hotmail.com) and **Doug Hahn** (650 279-0357, dhahn11@yahoo.com)

D/3-4/35-65 HILLS-R-US, SOCIAL CLIMBERS D VERSION. If you can ride the hills but not at the fast D/E pace, come join us, the D Social Climbers. We do the same ride as the

*Random dude
with a cool shirt*



D/E's, meeting at Shoup Park at 8:45 for a 9 am departure. These rides vary weekly, but often include Hwy 9, Page Mill, Old La Honda, Kings Mountain, West Alpine or Tunitas. Always be prepared for variable weather on Skyline. Foul weather in the hills keeps the ride in the valley. Ride leaders are **Betty DeLuco** (beedeebikes@yahoo.com) and **Dave Fitch** (davidfitch@prodigy.net or 408-406-2048). The route sheet is on the WWBC webpage under Ride Information/Hills R Us at: <http://westernwheelersbicycleclub.memberlodge.com/page-1111752> **Please print out a copy as the ride leader doesn't provide route sheets.**

Every Thursday

B & C THURSDAY MORNING RIDES. B and C groups meet every Thursday morning at various places with different leaders, usually at 10 am. See online ride schedule for specific details.

CD/2-3/15-30 THE THURSDAY EVENING TOURS.

This is a series of evening rides varying from 15 to 30 miles in Los Altos Hills, Portola Valley and Saratoga, sampling local hills and out-of-the-way roads. Meet at Shoup park in Los Altos at 6 pm, for a 6:10 departure. The routes vary each week, to take advantage of the available daylight. Every effort will be made to get riders back before dark, but bring lights just in case. Many of the riders go out to dinner afterwards at a variety of local restaurants. Leader: **Gary Goldman** (gary_goldman@yahoo.com, 650-279-5315).

Every Friday

B/2/30-50 FRIDAY B RIDE. Meet **Louis Rustenburg** (408-420-0443, louisngisele@gmail.com) every 1st and 3rd Friday and **Vern Tucker** (408-730-2548, vlnvt1@comcast.net) every 2nd and 4th Friday at 10 AM at McKenzie Park for a 10:15 AM ride start. Rides will be a mix of hills and flatter residential roads, with a lunch stop along the way.

Repeating Rides

The second Sunday of every month rides

B/2/24 2ND SUNDAY—JEFFERSON LOOP. Monthly ride to Jefferson and Lakeview via Tripp and Cañada. Lunch is at Sancho's Taqueria and return via Alameda de las Pulgas. Social pace with regroup. Meet at Burgess Park in Menlo Park at 10 am for 10:15 departure. Leader: **Dave Ziegler** (dave@maczieg.com). Route sheets/Maps: <http://westernwheelersbicycleclub.memberlodge.com/page-1863579>.

C/2/27 2ND SUNDAY—Redwood City Cross. Monthly ride to the cross via Tripp, Cañada and Godetia. Optional Huddart Park Loop. Lunch at Sancho's Taqueria and return via Alameda de las Pulgas. This is a social-paced ride with mandatory regroup, but faster riders are welcome to form a separate C+ group at the start. Meet at Burgess Park in

Rain Cancels unless otherwise noted!

Menlo Park at 10 am for 10:15 departure. Leader: **Bettina Vinsant** (650-450-1104 or bettina.vinsant@gmail.com). Route sheets/Maps: <http://westernwheelersbicycleclub.memberlodge.com/page-1863579>.

The fourth Sunday of every month rides

B/2.5/25 4th SUNDAY—SARATOGA. Hello Social “B”s. Join a leisurely ride heading up Mt. Eden, then meandering through The Maze to downtown Saratoga where there are a couple lunch options (bring or buy) before heading back via Seven Springs Parkway. Meet at McKenzie Park in Los Altos (near tennis courts) at 10 am for 10:15 departure. Ride leaders vary from month to month. Route sheet: 4th Sunday B Ride (Saratoga) or GPS: [Map/GPS File](#)

C/3/35 4th SUNDAY—LOS GATOS. Monthly ride to Los Gatos via Mt. Eden, Pierce, and Villa Montalvo. Lunch in Los Gatos and return through the Maze. This is a social paced ride with mandatory regroup, but faster riders are



April B ride along the Bay Trail

welcome to form a separate C+ group at the start. Meet at McKenzie Park in Los Altos at 10 am for 10:15 departure. Leader: **Frank McConville** (650-450-2325 or frank_mcconville@hotmail.com). Route sheets/Maps: <http://westernwheelersbicycleclub.memberlodge.com/maps-page-1863579>.



Photos from some great Paso Robles LDT rides.



Photo credit: Bobbie Morrison