

LDT Napa Valley/St. Helena D/E		
D/3 (5400')/73 E/3 (5900')/83		
Guy Cell – 650-704-0895 Mindy Cell – 650-714-9616		
START at Bothe-Napa S.P. Group Campsite		
0.3	R	Hwy 128/29 (CAUTION TRAFFIC)
1.0	L	Bale Lane
1.7	R	Silverado Trail
6.3	REGROUP at Pope St/Howell Mt. Rd.	
6.3	L	Old Howell Mountain Rd. (climbing)
10.6	R	Howell Mountain Rd. (climbing)
16.6	R/C	Chiles Pope Valley Rd.
16.6	REGROUP at Pope Valley Market	
		(Snacks/water for sale)
25.2	L	Lower Chiles Valley Rd.
28.5	L	Hwy 128 (@ stop sign)
31.6	REGROUP at Turtle Rock Bar/Café	
		(Snacks/water for sale)
31.6	<u>U turn then R</u> on Berryessa Knoxville Rd.	
38.9	REGROUP at Oak Shores Day Use	
		(Restrooms/Water)
44.6	REGROUP at Pope Canyon Rd. (RR)	
E route "out-n-back" (adds 10.0 miles):		
	C	Berryessa Knoxville Road for 5.0 miles
	<u>U turn at Eticuera Creek Day Use Area (RR)</u>	
	R	Pope Canyon Rd.
44.6	L	Pope Canyon Rd.
53.0	R	Pope Valley Cross Rd.
54.0	R	Chiles Valley Rd.
54.8	LUNCH/SNACKS Pope Valley Market	
54.8	C	Chiles Valley Rd.
56.5	L	Ink Grade Road (4 mile climb - easy at top)
60.6	REGROUP at White Cottage Rd.	
60.6	R	White Cottage Rd. (caution - rough road)
64.3	R	Deer Park Rd.
65.9	C	<u>Don't turn</u> at 1st Sanitarium Rd.
67.9	R	2nd Sanitarium Rd. (Sharp Right)
68.5	L	Crystal Springs Rd. (CAUTION)
69.6	L/C	to stay on Crystal Springs
70.6	R	Silverado Trail
71.1	L	Bale Lane
71.8	R	Hwy 128/29 (CAUTION TRAFFIC)
72.4	L	into Bothe Napa State Park
72.7	END at Bothe-Napa Group Campsite	

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