

LDT Napa Valley/St. Helena C- C-/2.5 (3400')/49

Guy 650-704-0895 Mindy 650-714-9616

START at Bothe-Napa S.P. Group Campsite

0.3	R	Hwy 128/29 (CAUTION TRAFFIC)
1.0	L	Bale Lane
1.7	R	Silverado Trail
6.3	REGROUP at Pope St/Howell Mt. Rd.	
6.3	C	Silverado Trail
9.6	L	Hwy 128 (Sage Canyon Rd.)
12.7	REGROUP at Lake Hennessey Boat	
		Launch (Restrooms/NO WATER)
18.3	REGROUP at Lower Chiles Valley Rd	
18.3	L	Lower Chiles Valley Road
21.7	R	Chiles Pope Valley Road
24.3	REGROUP Maxville Winery Gate	
30.3	LUNCH/SNACKS Pope Valley Market	
		(Snacks/water for sale)
30.3	C	Pope Valley Rd.
32.0	L	Ink Grade Road (4 mile climb - easy at top)
36.1	REGROUP at White Cottage Rd.	
36.1	R	White Cottage Rd. (caution - rough road)
39.8	R	Deer Park Rd.
41.4	C	<u>Don't turn</u> at 1st Sanitarium Rd.
43.4	REGROUP at 2nd Sanitarium Rd.	
43.4	R	2nd Sanitarium Rd. (Sharp Right)
44.0	L	Crystal Springs Rd. (CAUTION)
45.1	L/C	to stay on Crystal Springs Rd.
46.1	R	Silverado Trail
46.6	L	Bale Lane
47.3	R	Hwy 128/29 (CAUTION TRAFFIC)
47.9	L	into Bothe Napa State Park
48.5	END at Group Campsite	

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