

<b>LDT Napa Valley/St. Helena B</b>		
<b>B/2.5 (3000')/48</b>		
Guy 650-704-0895 Mindy 650-714-9616		
<b>START at Bothe-Napa S.P. Group Campsite</b>		
0.3	R	Hwy 128/29 (CAUTION TRAFFIC)
1.0	L	Bale Lane
1.7	R	Silverado Trail
<b>6.3</b>	<b>REGROUP at Pope St/Howell Mt. Rd.</b>	
6.3	C	Silverado Trail
9.6	L	Hwy 128 (Sage Canyon Rd.)
<b>12.7</b>	<b>REGROUP at Lake Hennessey Boat</b>	
		<b>Launch (Restrooms/NO WATER)</b>
<b>17.7</b>	<b>REGROUP at Lower Chiles Valley Rd.</b>	
17.7	L	Lower Chiles Valley Rd.
21.1	R	Chiles Pope Valley Rd.
<b>23.7</b>	<b>REGROUP at large gate (# 4105)</b>	
<b>29.7</b>	<b>LUNCH/SNACKS Pope Valley Market</b>	
		<b>(Snacks/water for sale)</b>
29.7	C	Chiles Valley Rd.
31.4	L	Ink Grade Road (4 mile climb - easy at top)
<b>35.5</b>	<b>REGROUP at White Cottage Rd.</b>	
35.5	R	White Cottage Rd. (caution - rough road)
39.2	R	Deer Park Rd.
40.8	C	Don't turn at 1st Sanitarium Rd.
<b>42.8</b>	<b>REGROUP at 2nd Sanitarium Rd.</b>	
42.8	R	2nd Sanitarium Rd. (Sharp Right)
43.4	L	Crystal Springs Rd. (CAUTION)
44.5	L/C	to stay on Crystal Springs Rd.
45.5	R	Silverado Trail
46.0	L	Bale Lane
46.7	R	Hwy 128/29 (CAUTION TRAFFIC)
47.3	L	into Bothe Napa State Park
<b>47.6</b>	<b>END at Group Campsite</b>	

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