

LDT Napa Valley/St. Helena <b>B</b> B/2.5 (3000')/44		
Guy 650-704-0895 Mindy 650-714-9616		
START at Bothe-Napa S.P. Group Campsite		
0.3	R	Hwy 128/29 (CAUTION TRAFFIC)
1.0	L	Bale Lane
1.7	R	Silverado Trail
<b>6.3</b>	<b>REGROUP at Pope St/Howell Mt. Rd.</b>	
6.3	C	Silverado Trail
9.6	L	Hwy 128 (Sage Canyon Rd.)
<b>12.7</b>	<b>REGROUP at Lake Hennessey Boat</b>	
		<b>Launch (Restrooms/NO WATER)</b>
13.6	L	Chiles Pope Valley Rd.
<b>20.0</b>	<b>REGROUP Maxville Winery Gate</b>	
<b>26.0</b>	<b>LUNCH/SNACKS Pope Valley Market</b>	
		<b>(Snacks/water for sale)</b>
26.0	C	Pope Valley Rd.
27.7	L	Ink Grade Road (4 mile climb - easy at top)
<b>31.8</b>	<b>REGROUP at White Cottage Rd.</b>	
31.8	R	White Cottage Rd. (caution - rough road)
35.5	R	Deer Park Rd.
37.1	C	<u>Don't turn</u> at 1st Sanitarium Rd.
<b>39.1</b>	<b>REGROUP at 2nd Sanitarium Rd.</b>	
39.1	R	2nd Sanitarium Rd. (Sharp Right)
39.7	L	Crystal Springs Rd. (CAUTION)
40.8	L/C	to stay on Crystal Springs Rd.
41.8	R	Silverado Trail
42.3	L	Bale Lane
43.0	R	Hwy 128/29 (CAUTION TRAFFIC)
43.6	L	into Bothe Napa State Park
<b>43.9</b>	<b>END at Group Campsite</b>	

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