

D/3.5/60 MARIN HEADLANDS/TIBURON LDT		
0.0		Exit parking area at South End
0.2	R	Sheridan Ave
0.4	L/C	Lincoln Blvd.
1.4	R/C	onto bike path to GG Bridge
1.6	C	Bike path under bridge to West side - across bridge.
<i>CAUTION - WATCH OUT FOR WANDERING TOURIST BIKERS!</i>		
3.5	REGROUP at North End parking lot	
3.5	C	Climb out of lot to Conzelman Road uphill.
3.7	L	Conzelman Road uphill
4.8	L	Conzelman Road (at circle)
5.4	REGROUP at top of hill viewpoint	
5.4	S	Conzelman - STEEP DOWNHILL one way traffic
7.3	R	Paved road to Ft. Barry/Field Road (1st R - no sign)
7.3	R	Ft. Barry/Field Road (1st R - no sign)
7.9	R/C	Bunker (Go through tunnel - USE CAUTION)
10.4	Do not miss IMMEDIATE left turn after the tunnel!	
10.4	L	Bunker - go downhill
11.0	R	Murray Circle at bottom of hill at stop sign (no sign)
11.1	L	Center Road (East Road) (stop sign)
11.2	R/C	East Rd/Ft. Baker Rd (up hill)
12.1	R	S. Alexander Ave (Road narrows in Sausalito.)
12.3	C	South St.
12.4	R	2 nd St (downhill)
12.6	R	Richardson St (toward bay)
12.7	L/C	Bridgeway (bay on right) Through Sausalito (2 mi.)
14.9	R/C	Bike Path (look for <u>Gate 6 Rd</u> on right)
15.0		Pass by Mike's Bikes
17.1	REGROUP at Tiburon Bike Trail roundabout.	
	Restrooms/Water in building off to left.	
17.1	L	Sycamore Avenue
17.7	L/C	La Goma Street
<i>CAUTION - traffic/narrow/steep roads next 2 miles</i>		
17.8	C	Montford Avenue
18.0	R/C	Janes St. (follow up hill - left at Sunrise Ave.)
18.5	L	Molino Avenue (short steep climb)
18.6	C	Edgewood Avenue (continue climbing)
19.1	L/C	Sequoia Valley Road (to Mt. Tam/Muir Woods)
19.9	L	Panoramic Highway
20.7	R	Hwy 1 (<i>CAUTION - sharp hairpin turn!</i>)
23.5	R/C	Muir Woods Road (exiting Hwy 1)
25.7	REGROUP on left at Muir Woods parking area before starting 1.6 mile climb	
27.3	C	Sequoia Valley Road (across Panoramic Hwy)
28.1	R/C	Edgewood Avenue
28.8	C	Molino Avenue
29.2	L	Montford Avenue
29.3	C	La Goma Street (across Miller)
29.5	R/C	Sycamore Avenue
30.1	REGROUP at Tiburon Bike Trail roundabout.	
30.1	C	Bike trail to Tiburon (straight ahead across bridge)
30.3	R	Hamilton Dr (near fire station/restrooms)

30.8	R	Redwood Hwy - bike under freeway to other side
31.3	C/L	Go N on frontage Rd (E side of 101)
32.0	R	Belvedere Dr (by In/Out Burger)
32.7	L	E. Strawberry Dr (then <u>QUICK RIGHT</u>)
32.7	R	Tiburon Blvd
32.9	R	Greenwood Cove (just before Union 76 station)
33.8		Ends at parking lot - continue <u>LEFT</u> to Tiburon Blvd.
33.8	R	Tiburon Blvd. (then left at next light)
33.9	L	Trestle Glen Blvd (2nd left at light)
34.5	R	Paradise Drive
39.8	X	Road ends at Tiburon/Shoreline Park (circle)
39.8	LUNCH by grassy area/benches - Lunch Options:	
Food at Woodlands Mkt (1/4 mile ahead on Tiburon Blvd)		
Public Restrooms 100 feet down Main Street on left		
39.8	L	Main St
40.2	L	Beach Road
40.4	L	San Rafael Ave
40.4	R	Beach Road
41.2	C	Belvedere Ave.
42.2	C	Golden Gate Ave
42.6	C	San Rafael Ave
42.9	L	Left onto Bike path at Tiburon Boulevard
44.3	L	Bike path ends at parking area.
44.3	C/L	Left onto Greenwood Cove /Greenwood Beach
45.1	L	Tiburon Blvd.(then 1st L on E. Strawberry)
45.3	L	E. Strawberry Drive (STEEP climb ahead)
46.5	C	Seminary Drive
47.8	L/C	Seminary Drive (Ricardo is on right)
48.0	L	Redwood Hwy (near MacDonalds)
48.2	R/C	Bike under freeway
48.3	R/C	West side frontage Road
48.8	L	Hamilton Dr
49.3	L	Bike Trail (by fire station)
49.5	C	bike over wooden bridge
49.6	REGROUP at Tiburon Bike Trail roundabout.	
49.6	L	Bike path towards Sausalito
51.7	C	Cross street and cont. on Bridgeway (at Mike's Bikes)
51.7	C	South on Bridgeway
54.1	R	Richardson St
54.2	L	2 nd St (top of hill)
54.3	C/L	South Street
54.4	C	Alexander Ave.
54.6	R	Bike Route #5 downhill (just past East Road)
55.5	C/L	East Road (at Discovery Museum)
55.6	C/L	Moore Road (at Murray Circle stop sign)
55.8	C	Bike path (Conzelman Rd) CLIMB to bridge!
56.4	C	Across GG Bridge -
<i>CAUTION - WATCH OUT FOR WANDERING TOURIST BIKERS!</i>		
58.2		Exit right then loop under bridge,
		Then stay LEFT on path to Lincoln Blvd.
58.5	L	Lincoln Blvd.
59.5	R	Sheridan Avenue
59.7	L	Into parking area END