

**LDT Healdsburg CD Sunday**  
**Healdsburg to Sweetwater Springs**  
**CD/3(2300')/37**

Guy Cell – 650-704-0895 Mindy Cell – 650-714-9616

**Start in central Healdsburg**  
**(at All Day parking lot off Matheson St.)**

0.0	R	Matheson St.
0.1	L	Vine St.
0.3	R	Mill St. (right lane turns - no sign)
0.5	C	Westside Rd.
<b>6.1</b>	<b>R</b>	<b>REGROUP on Sweetwater Springs Rd</b>
6.1	C	Sweetwater Springs Rd. (climbing)
11.2		Begin steep climb (18% for .7 mi)
11.9		Road levels out, then moderate climb
<b>12.6</b>		<b>REGROUP at top of hill intersection</b>
		<b>Caution - begin steep descent with tight turns!</b>
16.3	L	Armstrong Woods Rd.
<b>18.0</b>		<b>COFFEE/SNACKS at Guerneville</b> <b>Coffee Bazaar</b>
18.0	C	Armstrong Woods Rd.
18.1	L	River Rd.(East)
23.2	R	Sunset Avenue (just before Westside Road) (Loop under River Road)
23.3	R	Westside Rd. (no signs- go UP the hill)
<b>26.3</b>	<b>R</b>	<b>Wohler Road then REGROUP</b> <b>(at parking area after turn - Restroom)</b>
26.3	C	Wohler Rd.
27.4	L	Eastside Rd.
33.6	L	Old Redwood Hwy.
36.1	R	Front St.
36.4	C	1st St.
36.6	L	Matheson St.
37.0	X	Go across Healdsburg Avenue
<b>37.2</b>	<b>R</b>	<b>Into Parking Area (END)</b>

**LUNCH options in Healdsburg:**

The Wurst  
 Bear Republic Brewery  
 Healdsburg Bar and Grill  
 Oakville Grocery

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