CAZADERO FRIDAY				CAZADERO FRIDAY		
SUGARLOAF PARK LOOP			SUGARLOAF PARK LOOP			
C-/2.5(2000°)/32				C-/2.5(2000')/32		
Guy 650-704-0895 Mindy 650-714-9616				Guy 650-704-0895 Mindy 650-714-9616		
START: Howarth Park - Santa Rosa				START: Howarth Park - Santa Rosa		
0.0	C	Spring Lake Bike Trail		0.0	C	Spring Lake Bike Trail
0.8	L	Go left at trail fork		0.8	L	Go left at trail fork
1.3	L	to Montgomery Drive		1.3	L	to Montgomery Drive
1.4	R	Montgomery Drive		1.4	R	Montgomery Drive
1.5	R	Channel Drive		1.5	R	Channel Drive
3.1	REG	SROUP at gravel trail on left		3.1	REG	SROUP at gravel trail on left
3.1	L	Gravel trail - CAUTION!		3.1	L	Gravel trail - CAUTION!
3.3	R	Stone Bridge Road		3.3	R	Stone Bridge Road
4.4	R	Oakmont Dr.		4.4	R	Oakmont Dr.
7.4	R	Pythian Rd.		7.4	R	Pythian Rd.
7.7	X	Cross Hwy 12		7.7	X	Cross Hwy 12
7.9	R/C	Pythian Rd.		7.9	R/C	Pythian Rd.
9.0	REG	ROUP at parking area		9.0 REGROUP at parking area		
9.1	U	U-TURN		9.1	U	U-TURN
10.2	L	Hwy 12 (CAUTION -TRAFFIC)		10.2	L	Hwy 12 (CAUTION -TRAFFIC)
11.1	R	Lawndale Road		11.1	R	Lawndale Road
13.5	L	Lawndale Road		13.5	L	Lawndale Road
14.5	L	Warm Springs Road		14.5	L	Warm Springs Road
15.7	L	Hwy 12 (CAUTION -TRAFFIC)		15.7	L	Hwy 12 (CAUTION -TRAFFIC)
16.2 REGROUP at Kenwood Market			16.2 REGROUP at Kenwood Market			
16.2	C	Hwy 12 (CAUTION -TRAFFIC)		16.2	C	Hwy 12 (CAUTION -TRAFFIC)
16.6	R	Adobe Canyon Rd.		16.6	R	Adobe Canyon Rd.
19.1	X	Start .8 mile steep climb (~10-15%)		19.1	X	Start .8 mile steep climb (~10-15%)
20.1	REG	ROUP at Park Entrance Station		20.1	REG	ROUP at Park Entrance Station
(Restrooms/Water)				(Restrooms/Water)		
20.1	U	U-TURN to exit park		20.1	U	U-TURN to exit park
23.5	R	Hwy 12 (CAUTION -TRAFFIC)		23.5	R	Hwy 12 (CAUTION -TRAFFIC)
24.9	L	Pythian Rd.		24.9	L	Pythian Rd.
25.3	R	Oak Leaf Road		25.3	R	Oak Leaf Road
26.6	R	Fairfield Road		26.6	R	Fairfield Road
27.0	L	White Oak Drive		27.0	L	White Oak Drive
27.2 REGROUP at Oakmont Dr.			27.2	2 REGROUP at Oakmont Dr.		
27.2	R	Oakmont Dr.		27.2	R	Oakmont Dr.
27.4	L	Stone Bridge Road		27.4	L	Stone Bridge Road
28.4	L	Alley/Bike Trail		28.4	L	Alley/Bike Trail
28.6	X	CAUTION GRAVEL UPHILL!		28.6	X	CAUTION GRAVEL UPHILL!
28.6	R	Channel Drive		28.6	R	Channel Drive
30.3	L	Montgomery Drive		30.3	L	Montgomery Drive
30.4	L	to Spring Creek Trail		30.4	L	to Spring Creek Trail
30.4	R	Spring Creek Trail		30.4	R	Spring Creek Trail
31.8 END Howarth Park			31.8		Howarth Park	
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