



“Mine Road During the Super Bloom” by Joel Klein,
2023 Annual Club Photography Contest Submission

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Turn at the Front

There are many special things about the Western Wheelers Bicycle Club, but of course it's the people who make it special. In addition to our hard working Board, there are a other members that deserve recognition, so I'd like to offer a few shoutouts here.

First I'd like to mention and thank our team of volunteers who work to ensure that all the rides members want to lead actually get posted on our Ride Calendar. You see their names listed in the email notices. If you see these people on a ride, please give them a special 'Thank You' for all their hard work that too often goes unnoticed: Lisa Burque, Patty Koel, Guy Shuman, Mindy Steiner, and Joice White.

I'd also like to highlight and thank those club members who lead weekly rides, and highlight those rides here (and apologies if I overlooked anyone, as there are a lot of rides!). I was speaking with the President of another bicycle club last month, and while they have a lot of rides too, they don't have regular rides. I find these regular rides of great social value: there's usually a core of regulars you get to know well, and other riders who may join occasionally or be first-timers.

In addition to our two ride “series”, LDT run by our Ride Chair Guy Shuman, and Fall Fun Series led by Bill Sherwin, we have:

- Our evening rides run by: Kendra Bronstein (our new Monday Evening B Ride from Oracle), Richard Exley (Tuesday Evening Ride), Sarah Coyle (Hump Day Ride), and Gary Goldman (Thursday Evening Tour)
- HillsRUs rides on Wednesday led by the rotating cast of Don Johann, Shawnerly Hardin, Jack Jones and Steve Rempel
- The various Monday morning coffee rides, led by: Tom Schnurbusch (San Mateo Java Jive), Pam Putman and Pat Elson (Socially Paced Monday Morning Coffee Ride), David Fitch and Cathy Switzer (Java Jive Double Espresso), Jim Takasugi and David Schorow (Monday Morning Mocha Mooch)

- Tuesday's Shaw-Blasberg Loop led alternately by Hal Nystrom and Howard Koel
- 2nd Sunday Ride led by Howard Koel (C ride) and Mike Jenkins (B ride)
- 4th Sunday Ride led by Mark Mack and Guy Shuman (C ride) and Mike Jenkins and Duane Linden (B ride)
- Friday B Ride led by Vern Tucker
- The Seal Point/Redwood Shores ride, also led by Tom Schnurbusch every Tuesday-Saturday
- Lovely Bay Gravel Ride on 3rd Sundays of the month, led by Fredo Cirne and Eduardo Colaço

These rides range from A to D levels, from 90 minutes to 5+ hours, and starting locations ranging from Foster City to Los Altos. There's something for everyone here, and I encourage members to at least try out a few as I'm confident you'll find at least one to your liking.

Another fairly important aspect of riding is knowing if there are there any closures or hazards on the route you're planning. Here, we see numerous members step up to inform the club whether certain roads are closed, problematic, or all clear. I'd encourage everyone to contribute (to the more general WWBC list, and not the WWBC-RIDES list) when you become aware of a current or upcoming closure or danger, and when doing so provide pictures if helpful.

Happy riding!



Jon Penn, Club President, writes the monthly 'Turn at the Front' column. You can follow him on [Strava](#), but better if you just join him on rides.

Spring Picnic Sunday April 28



Spring is nature's way of saying, 'Let's Party!'

Come and enjoy great company and delicious food at the Western Wheelers' annual Spring Picnic at [Cuesta Park](#) in Mountain View! The party will begin at 1pm in the large group picnic area off Cuesta Drive (opposite Nilda Avenue).

In the Western Wheeler's tradition, we will have good eats, as well as delicious cookies and bottomless refreshments. There will also be pre-picnic rides to work up an appetite and start the party, so check out our [ride calendar](#) to find your ride.

Volunteers ROCK! Can you help with set up, clean up or assistance during the picnic? If so, please email the events team at events@westernwheelers.org

Dietary Restrictions (i.e. Vegetarian or Gluten Free preferences), please email Ann, Fran or Jean at events@westernwheelers.org

Please RSVP [here](#) by Thursday, April 25

BIG WHEELS 2024

President: [Jon Penn](#)
 Secretary: [Gloria Kreitman](#)
 Treasurer: [Mike Rissi](#)
 Chief Editor: [Peggy George](#)
 Event Chair: [Jean Symons](#)
 Membership: [Vern Tucker](#) (408) 730-2548
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 Sunnyvale, CA 94087-3451
 Ride Chair: [Guy Shuman](#)
 Sequoia Chair: [Committee](#)
 Webmaster: [David Schorow](#)
 At Large Board Members:
[Brian Kaplan](#)
 Jenny Warila
[Fran Williams](#)

Training/Skills Coordinator: [Bill Sherwin](#)

Advocacy Chair: [John Langbein](#)
 (650) 365-9462

Historian: Dick Blaine (650) 282-5304

[League of American Bicyclists](#)
 Rep: [Alan Wachtel](#) (650) 494-1750

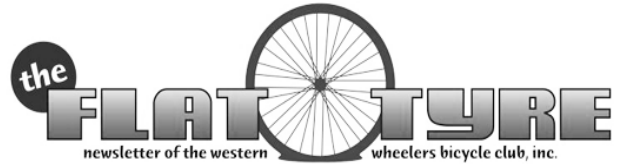
Statistician: [Tony Vecchiet](#)

Ride Coordinators:
 -Fall Fun Series (FFS)
[Bill Sherwin](#)
 -Long Distance Training (LDT)
[Guy Shuman](#) (650) 704-0895

*Social Network Editor: [Ken Lee](#)
Position available-contact Ken*

Travel Case Custodian: [Hal Nystrom](#)
 (408) 718-2153

Use [add a ride](#) to post your ride to the club.
 Email list [Moderator](#): Guy Shuman



Club Calendar April 2024

01 Mon Club Blood Drive
 10 Wed Board Meeting Zoom
 20 Sat **Flat Tyre** Deadline for May Issue
 28 Sun Spring Picnic Cuesta Park, MV

The **FLAT TYRE** is the monthly newsletter of the Western Wheelers Bicycle Club, Inc., P.O. Box 60367, Palo Alto, CA 94306. To submit articles for inclusion in the **FLAT TYRE**, please send to Editors@westernwheelers.org

DRAFT March 2024 Western Wheelers Bicycle Meeting Minutes

(Pending Board approval)

-Submitted by Gloria Kreitman, WWBC Secretary

Date: Wednesday March 13, 2024

Time: Social: 6:30 pm; Meeting: 7:00 pm

Location: Round Table Pizza, 1225 El Camino Real, Menlo Park

Call to Order at 7:05 pm

Present: Peggy George, Brian Kaplan, Gloria Kreitman, Jon Penn, Mike Rissi (on Zoom), David Schorow, Guy Shuman, Jean Symons, Vern Tucker, Jenny Warila

Absent: Fran Williams

Guest: Russ Hull

Standing Items

- Date of next meeting—April 10, 2023
- Location of next meeting—Zoom

- Approve the previous minutes—the February 2024 minutes were unanimously approved

New Business and Area Lead Updates:

- **Gloria, Jenny, Brian, Russ, Vito—Sequoia Committee report.** The Sequoia is 11 weeks away and we still need to fill 97 volunteer spots for the event. Vito will send another call for volunteers email to club members to help drive sign ups. Non-club members can volunteer to help with the Sequoia. Rider registrations are going well. We have 502 sign ups, which is more than any prior year at this point. The breakdown of registrations by course is as follows: 45% for the Century (100 mile) course, 29% for the Metric Century (62 mile) course, 17% for the 72 mile course, and 9% for the new 38 mile course. Thirty percent of the current registrants donated an additional \$25 to benefit the coastside charities. Russ reported on the Sequoia budget. We are on track and expect to have proceeds available to donate to the coastside charities and bike organizations. The routes are now published on the Sequoia website pages and listed as an event on [WWBC RWGPS](#) (shows all routes together). The Century route was updated due to the closure of the Higgins Canyon Road during construction. The focus over the next few weeks will be on obtaining permits and marketing efforts to drive more registrations. Brian requested that Board members promote the Referral Program by distributing cards to non-WWBC riders. Rider registration prices will increase on April 1.
- **Jon—BikeHut Classic Sponsorship.** WWBC has been a sponsor of the Bike Hut Classic for the past few years in support of Abundant Grace Coastside Worker. We have used the donations and proceeds from the Sequoia to cover the cost of being a Sponsor. The Board discussed the 2024 donation and

approved allocating money from the expected Sequoia proceeds to fund the \$1,000 cost of being a Gold Level sponsor this year.

• Area Lead Updates

- **Guy—Ride Chair:** Guy reported that the weeknight ride leaders from last year have agreed to continue this year. Thank you to Richard Exley (Tuesday), Sarah Coyle (Wednesday), and Gary Goldman (Thursday). New club member Kendra Bronstein is also leading a B-level evening ride on Mondays from Oracle in RWC north to SFO or south to the Dumbarton bridge. The first LDT weekend will be held in Healdsburg March 15-17. Three more LDT weekend events are scheduled in Pacific Grove, Paso Robles, and Cazadero. The Mountain Charlie LDT is canceled due to road closures and will be replaced with the Petaluma LDT. The Marin Headlands LDT, which was rained out early this month, is rescheduled for April 13.
- **Jean—Event Chair:** Jean reported that planning is on track for the Spring Picnic on Sunday, April 28. Signups will open in early April.
- **Vern—Membership Chair:** Vern reported that we had 6 new members join since February 14, which brings the total number of members to 886.
- **David—Webmaster:** David reported on web maintenance activity. He fixed an email issue with the WW domain name addresses.
- **Mike—Treasurer:** Mike reported on the March Financial Statement. Membership dues are tracking as expected. Mike split out the \$25 Sequoia donation opt-ins from the Sequoia income as a donation income

line to provide more visibility to the Sequoia donation income and reflect a more accurate Sequoia income amount. This donation income amount will be offset by a donation expense when we donate the funds later this year. Vern pointed out that there are some open invoices in Wild Apricot that may be outstanding receivables. After the meeting Mike performed a search for all open invoices going back to the year 2000 and reported that there are no problems.

There were no other updates by Board members.

The meeting adjourned at 8:26 pm.



Board minutes submitted by Gloria Kreitman, Club Secretary

Welcome New Members March 2024

Please welcome the following new members:

Wade Ang	Los Altos
George Cover	Los Altos
Beric Dunn	Alviso
Jeanne Duffer	Columbia
Shoreh Hoffman	Menlo Park
Arnav Shah	San Jose
D. Scott Smith	Hillsborough
Barry and Hannah Wolf	Palo Alto

*New members reported by
Vern Tucker, Club Membership Chair*

WWBC Blood Donation Drive

Monday, April 1, 2024.



You can make a difference by donating, and we've made it easier than ever to make donations a habit—schedule your donation every two months on a Western Wheelers' Monday!

Three locations available, all have bicycle parking available:

Stanford Blood Center Menlo Park

445 Burgess Drive.

Hours: 7 a.m.–4 p.m.

[Map / Directions](#)

[Schedule your appointment](#)

Stanford Blood Center Mountain View

515 South Dr Suite #2.

Hours: 7 a.m.–4 p.m.

[Map / Directions](#)

[Schedule your appointment](#)

Stanford Blood Center South Bay in Campbell

295 Hamilton Ave.

Hours: 10:30 a.m.–7:30 p.m.

[Map / Directions](#)

[Schedule your appointment](#)

Note: Stanford has a 24-hour **vigorous** exercise restriction following blood donation, feel free to ride to/from your donation if it's an easy spin.

coordinated by Cathy Switzer

Sequoia Volunteer Opportunities

Healdsburg Weekend LDT

SUNDAY JUNE 2

Foothill College
Los Altos Hills, CA
6 to 8 am start

4 ROUTES

100 mi / 9521 ft
72 mi / 8030 ft
62 mi / 6391 ft
38 mi / 2403 ft

Challengingly Beautiful!



westernwheelers.org/sequoia



Volunteers are what make The Sequoia a great cycling event and the Western Wheelers a great club. It takes a village to provide a ride.

The Volunteer TEAM.

[Sign up for open positions here!](#)

Attention Club members! Are you planning a tour? Completed a tour? Send your story or tour plan announcement to the Flat Tyre for publication.

editors@westernwheelers.org



photos credit: Guy Shuman



“The Regroup” by Jenny Warila, 2023 Annual CLub Photography Contest Submission

LDT Corner

Safety is always our highest concern on WWBC rides and so far we’ve only had a few minor incidents with no significant accidents during the LDT series, even with the cold weather and sometimes wet roads. I attribute that good safety record to a conscious effort on the part of all our riders to emphasize safety as our first priority. Keep up the good work!

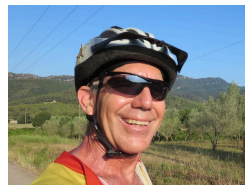
We’ve had several rides rained out this winter. The latest disturbance is a major slide on Mountain Charlie Road forcing cancellation of that ride. Our current plan is to start off April with the **Petaluma LDT** on 4/6, which was originally rained out in early March. This ride traverses some lovely rolling countryside north of the Golden Gate, starting in San Rafael. On 4/13 we will ride the **Marin Headlands LDT** (on the planned rain makeup date). The Marin Headlands ride is always a favorite with the gorgeous climb of the headlands and scenic Golden Gate Bridge, starting from the historic Presidio.

Our **Paso Robles LDT Weekend** follows on 4/19-4/22. The Paso Robles weekend in the lovely

Central California wine country includes both a Friday afternoon ride and a Monday holdover ride from Cayucos. See online ride schedule for details and accommodation information. Note that this event alternates annually with the Placerville LDT (2025), so Paso Robles will next occur in 2026. The **Skyline LDT** on 4/27 is another foray into the Santa Cruz Mountains. Hopefully all the Santa Cruz Mountain roads will hold out through this winter’s storms – check [Ride Schedule](#),

The **Cazadero LDT Weekend** is coming up 5/3 to 5/5 - see details on online ride schedule. While the rides generally get longer and more difficult as we continue with the LDT series, all the rides have routes suitable for B-E levels, so don’t be shy about showing up for the first time in April or May!

Note that we ask riders to “register” for the 2-3 day weekend rides, even if just coming for the day. Registration is free and easy - just go to the **Saturday ride listing** on the online ride schedule and click on the “Register” button.



Guy Shuman
LDT Coordinator
shumansteiner@gmail.com or
650-704-0895 Cell

2024 SCHEDULE: (subject to change)

Details for each ride: [Ride Schedule](#).

6-Apr	Petaluma*
13-Apr	Marin Headlands*
20-Apr	Paso Robles (2-3 day)
27-Apr	Skyline
4-May	Cazadero (2-3 day)
11-May	Mt. Diablo
18-May	Mt. Tamalpais
27-May	Mt. Hamilton (Mon.Memorial Day)

***newly scheduled**

The Sarah Muller-Moaty Memorial Ride

Simply said, there are too many deaths of Silicon Valley road cyclists. The Silicon Valley Bicycle Coalition organized the Sarah Muller-Moaty Memorial Ride to call attention to the importance of “Safe Streets.” This month, Sarah was killed in Palo Alto traffic on Embarcadero Rd as she waited to turn onto Newell Street. The memorial ride was Sunday, March 24th from Palo Alto High School. It rained earlier, but most of the ride was in very nice weather.



Tim Oey with his bike-trailer-pulled-sign rode in front. Another organizer rode in back with another sign and trailer. SVBC members in bright yellow and carrying big cardboard [STOP] signs controlled traffic for the riders. The riders took a lane of Embarcadero Rd to Newell where they closed the intersection for a moment of silence. A sign with Sarah’s name was affixed to the ghost bike.

Photos from Sarah’s Memorial Ride with a [short video](#).

[Utopian Riverbank](#) featuring Sarah on the piano played during the ride so people could hear some of the beauty that Sarah created.

And a *Stanford Daily* article about [Sarah](#).



Silicon Valley Bicycle Coalition

Visit the [SVBC website](#) to learn ways to volunteer to support safer community cycling and to learn about the upcoming [Bike to Wherever Days](#) event.

Bike to Wherever Days, Thursday-Saturday May 16-18

Western Wheelers

Ride Information

DETAILS OF RIDE CLASSIFICATION: The format of the ratings is:

PACE/HILLINESS (total climbing if known) /DISTANCE

PACE (A-F): Indicates the average speed while riding, with A being the slowest and F being the fastest. Non-riding time is not counted, so rides with long stops may have the same average speed as rides with short stops

HILLINESS (0–5): Rates the terrain based on the average feet climbed per mile for the entire ride. This is the ratio of the total climb to the total distance, all divided by 25.

Hilliness Rating	0	1	2	3	4	5
Average Climb (Feet/Mile)	0	25	50	75	100	125

The longer, steeper and more frequent the hills, the higher the hilliness rating and the slower the average speed. However, a low hilliness rating does not guarantee that a ride contains no long or steep hills, because the rating could be diluted by flat stretches around the hills. If a ride contains an unusually challenging hill for its hilliness rating, an exclamation point (!) is appended to the hilliness rating. The ride description should provide more details. It is possible but rare to have a hilliness rating greater than 5.

AVERAGE SPEEDS: The average speeds (mph) for the different pace and hilliness ratings are:

HILLINESS RATING						
Pace Rating	0	1	2	3	4	5
Average OLH Time						
A	10	9	8	NA	NA	NA
B	12	11	10	9	8	7 43-54 min.
C	14	13	12	11	10	9 34-43 min.
D	16	15	14	13	12	11 27-34 min.
E	18	17	16	15	14	13 22-27 min.

If the pace rating letter has + or - appended to it, the average speed is changed by 1 mph.

CHOOSING YOUR RIDE: The speeds in the above table may seem low because you know you can ride faster at times. Remember, however, that the numbers represent the average speed for the entire ride. Don't attempt rides beyond your ability. If you are taking your first club ride, err on the conservative side. Novice cyclists are welcome on A rides. A, B, and C rides are typically more leisurely and have more regroupings than D, E, and F

rides, which are brisker-paced rides for more experienced and self-sufficient cyclists.

If you are unsure which group to go with on hilly rides, time yourself up Old La Honda road, and compare your time with the time ranges shown in the above table. If your time is within the range for a certain group, you can feel comfortable riding with that group on hilly rides. Note that the OLH time does not refer to your personal best time, but to the time in which you can comfortably climb Old La Honda, and perhaps not just once, but repeatedly, because that is the pace the group will be maintaining all day on multiple climbs.

If you choose to ride with a slower group, you should not expect them to speed up for you, and if you choose to ride with a faster group, you should not expect them to wait for you.

RIDE RATING EXAMPLES: "C+/2/40" indicates a 40-mile ride with about 2000 feet of climbing, ridden at an average speed of 12 mph. "E/4!(9700)/100" indicates a 100-mile ride with 9700 feet of climbing, some of it very steep, ridden at an average speed of 13 mph.

WEATHER CONSIDERATIONS: Rides may be canceled if rain seems likely during the ride. If in doubt, contact the ride leader.

RECOMMENDED EQUIPMENT: Please try to bring basic tools, sunglasses and sunscreen, water bottles, food or food money, a first-aid kit, cellphone, "layered" clothing, etc. Bright clothing recommended and helmets required.

COMMON LOCATIONS – Please check ride listings for other locations

GUNN HIGH SCHOOL in Palo Alto. Use the main entrance on Arastradero Rd. just east of Foothill Expressway. Meet in the parking lot AWAY FROM BUILDINGS. Don't use this location when school is in session.

BURGESS PARK in Menlo Park. Meet in the parking lot south of Rec Ctr off of Alma near Burgess Dr.

GRANT PARK in Los Altos. Meet in parking lot 1575 Holt Ave

LOS PRADOS PARK in Foster City

McKENZIE PARK in Los Altos. Between Loyola Corners and Springer/Magdalena (Rancho Shopping Center) on Fremont Ave.

SEAL POINT PARK in San Mateo by the parking lot and bridge

SHOUP PARK in Los Altos, on University Ave. near Main Street, off Foothill.

WESTMOOR SHOPPING CENTER in Sunnyvale, corner of Fremont and Mary

IMPORTANT

- Helmets and brakes are required on all rides
- Unsafe bicycles are not allowed.
- Earbuds and Headphones are not allowed.
- For insurance reasons, only club members may lead rides.
- For insurance reasons, only Category 1 and 3 e-bikes are allowed on club rides. Category 2 bikes are not allowed.



April 2024 Weekly and Repeating Club Rides

Every Monday

A/0/15 SOCIALLY PACED MONDAY MORNING

COFFEE RIDE If you are not ready for the faster pace of the other Monday morning coffee rides until after you've had your coffee, then this ride might be just right for you. Meet [Pam Putman](#) and [Pat Elson](#) at Rengstorff Community Center, 201 S. Rengstorff Ave., Mtn. View. Meet at 8:45 for a 9:00 am departure for coffee at the Peet's Coffee in Menlo Park. We'll travel at a mild, social and comfortable "A" pace through residential neighborhoods to reach our destination; Nobody left behind, we are all in this together. Always carry a mask should you choose to go into Peets to purchase coffee. After purchasing our coffees we'll go to the park across the street to enjoy them. The ride is expected to last almost 3 hours, returning to Rengstorff Community Center around 11:50 am. Rain cancels.

C/1/24 MONDAY MORNING MOCHA MOOCH

Start your week with a morning coffee ride to Menlo Park. Pace along Foothill Expressway is quick, but feel free to ride at a slower pace and meet us in Menlo Park. We'll get take-out coffee at Peets at University and Santa Cruz, consume it at the park across University, and then head back via different routes depending on the week (see ride schedule for details/route sheets). There are no sweeps on this ride, so if you are unfamiliar with the routes, please use the links on the ride schedule and load them onto your GPS device (or print a route sheet) prior to the ride. Meet at 9:15 for a 9:30 am departure at the [Grant Park and Community Center](#) parking lot (Grant Park, 1575 Holt Ave, Los Altos, CA 94024). Restrooms available. Ride Leaders: David Schorow (408-314-3769, email in member directory) and [Jim Takasugi](#) (408-391-2057) share leadership on this ride.

BCD/2/47 JAVA JIVE FROM SAN MATEO. The Monday morning ride for bicyclists who live in the northern cities of the Peninsula is growing in numbers. The Java Jive ride consists of flats and 1400 feet of climbing for 47 miles. The regroup spots are: the Starbucks in Menlo Park at the corner of Avy Ave. and Alameda de Las Pulgas, Canada Road and Woodside Road in Woodside, the Water Temple on Canada Road, Crystal Springs Road at Sawyer Camp Trail South entrance, Pepper and Floribunda Avenues intersection and return to Los Prados Park. Meet at Los Prados Park in Foster City at 8:30 am for departure at 8:45 am. Directions: From 101, drive east on Hillsdale Blvd., take the first right on Norfolk St. and right again on La Selva; take the first left onto Casa de Campo. The Park is on the left. For more information contact [Tom Schnurbusch](#). Rain/muddy conditions cancel.

DE/1/26 JAVA JIVE DOUBLE EXPRESSO Meet at 9:00 am and jump out of the starting blocks at 9:15 am with an express trip to enjoy coffee at Peet's Coffee in Menlo Park. We will work our way back along the foothills after coffee. Couple of sprint locations (bragging rights only, no medals!), no sweep; one regroup for coffee. Meet at the Bicycle Outfitter, 963 Fremont Ave (Loyola Corners), Los Altos, near the corner of Fremont, Miramonte and Foothill Expwy. Leaders: David Fitch and Cathy Switzer. [Route/RWGPS file](#).

Every Tuesday through Saturday

BC/0/23 SEAL POINT/REDWOOD SHORES Meet [Tom Schnurbusch](#) at the north end of Seal Point Park in San Mateo by the parking lot and bridge for a ride from Seal Point Park via bay trail and streets down to and through Redwood Shores. Regroup and coffee at the MarketPlace on Redwood Shores Parkway, taking the Electronic Arts cross-street exit to the MarketPlace. Continue down Redwood Shores Parkway to the end to return to Seal Point Park. This no-drop ride will take place daily from Tuesday through Saturday. Meet by 8:45 am and depart by 9:00 am. Rain cancels.

Every Tuesday

CD/2/30-35 SHAW-BLASBERG'S TUESDAY LOOP RIDE

Peter B. has now retired from leading this ride. In honor of his many years of dedicated service we have named the ride after him and Carol Shaw, who created this ride with him many years ago. The immortal words of his ride description will be retained here, mostly intact. So here we go: Retired, home executive, between jobs, playing hooky? We'd love to have you join us each Tuesday during the year, rain or shine, at the Starbucks parking lot in the Westmoor Shopping Center in Sunnyvale, corner of Fremont and Mary. The route is a variation of the Portola loop with lunch stops at various eating places in the Palo Alto area. There are hilly C and D routes as well as a flat route.

All rides meet at 10:45 a start time of 11:00 am. The hilly route varies through the month. See the online Ride Calendar for links to routes in Excel and PDF formats. Leaders: [Howard Koel \(650-302-1053\)](#) and [Hal Nystrom](#). GPS Files: [Tuesday Loop GPS Files](#)

C/3/15+; D/4/15+ TUESDAY EVENING RIDE Join us after work every Tuesday evening for a backroads tour of Woodside and environs, including some moderate hills. Meet in the parking lot behind the Pioneer Saloon in downtown Woodside at 5:15 for a 5:30 PM departure. Ride leader and route sheet vary from week to week. Measurable rain cancels. Please equip your bike with front and back lights for added safety in evening low light conditions. Exact ride details, including RidewithGPS routes, will be posted to the wwbc-rides email list on the day before. Ride coordinator: **Richard Exley** (650-704-3801).

Every Wednesday

C+D and DE/3-4/35-70 HILLS R US Meet at 8:45 AM for a 9:00 AM start. Two groups roll out and split along the way. Route varies weekly and often includes Hwy 9, Page Mill, Old La Honda, Kings Mountain, West Alpine or Tunitas Creek. Always be prepared for variable weather on Skyline. Foul weather in the hills keeps the ride in the valley. Start Location, route, lunch stop (or lack thereof), weather forecast and leaders announced 1-2 days beforehand via the [HRU Blog](#). Rain cancels. Ride Leaders rotate weekly [Don Johann](#), [Shawnerly Hardin](#), [Jack Jones](#) and [Steve Rempel](#).

CD/2-3/15-30 WEDNESDAY EVENING HUMP-DAY RIDE Join Sarah for a fun ride of the Peninsula and Woodside lumps and bumps and get rid of your mid-week slumps!! We will meet at the Pioneer Hotel in Woodside at 5:15 PM and will roll out at 5:30 PM. Routes will change each week, but we will continue with our 3rd Wednesday of the month climb up Old La Honda and the last Wednesday of the month climb up Kings Mountain Road. We can break up into C and D groups to allow the faster riders to zoom ahead! Please join us for a great ride with lots of laughs and camaraderie! Front and back lights are strongly recommended during the winter/spring months since we may be returning around dusk. Please contact **Sarah Coyle** at (650-454-5890) if you have any questions. Heavy rain cancels.

Every Thursday

CD/2-3/15-30 THE THURSDAY EVENING TOUR This is a series of evening rides varying from 15 to 30 miles in Los Altos Hills, Portola Valley and Saratoga, sampling local hills and out-of-the-way roads. Meet at Shoup Park in Los Altos at 5:45 pm, for a 6:00 departure. The routes vary each week, to take advantage of the available daylight. Every effort will be made to get riders back before dark, but bring lights just in case. Leader: **Gary Goldman** (650-279-5315). See individual ride descriptions in the online ride calendar.

Every Friday

B/2/30-50 FRIDAY B RIDE Meet [Vern Tucker](#) (408-730-2548) every Friday at 10:00 AM at McKenzie Park for a 10:15 AM ride start. Rides will be a mix of hills and flatter residential roads, with a lunch stop along the way. (Bring or buy)

The first Sunday of every month

BCD/2-3/19-32 SINGLE CYCLISTS RIDES If you are single and want to mingle... join us for a fun social ride with a lunch stop. We will have at least two different ride options for different skill/speed groups. All rides will begin and end at the same location, the Burgess Park parking lot next to Alma/train line. Please arrive before 10:00 and be ready to roll by 10:15. Both ride options will stop for lunch at Ladera then return to Burgess afterwards. Pack a snack and water for the ride and either bring lunch or plan on buying some. Leader: [Carina Rossner](#) (650-285-3475)

The second Sunday of every month

B/2/24 2ND SUNDAY – JEFFERSON LOOP Monthly ride to Jefferson, Hillcrest and Lakeview via Manzanita, Albion and Cañada. Lunch is at Sancho's Taqueria (cash only) and returns via Alameda de las Pulgas. Social pace with regroup. Meet at Burgess Park in Menlo Park at 10:00 am, for a 10:15 departure. Estimated return 2-2:30pm. Leader: [Mike Jenkins](#) (408-239-6131). Rain cancels. **Route sheets/Maps: [Route/GPS](#)**

C/2/27 2ND SUNDAY RWC CROSS Monthly ride to the Redwood City Cross via Tripp, Cañada and Godetia. Optional Huddart Park Loop and return via Alameda de las Pulgas. Bring snacks/lunch to enjoy at a regroup. This is a social-paced ride with regroup, but faster riders are welcome to form a separate C+ group at the start. Meet at Burgess Park in Menlo Park at 10:00 AM for a 10:15 AM departure. Please ensure social distance at the ride start as the ride leader captures riders names and sends out groups of up to 15 riders each. Estimated return 2-2:30pm. Leader: [Howard Koel](#) (650-302-1053). Rain cancels. **Route sheets/Maps: [Route/GPS](#)**

The third Sunday of every month

C-/0.5 (600')/33 LOVELY BAY GRAVEL RIDE Meet [Fredo Cirne](#) (408-931-4133) and [Eduardo Colaco](#) on the third Sunday of the month at 9:15 AM for a 9:30 departure at Burgess Park. We will meet at the parking lot at Alma St and Burgess Dr. This is a scenic gravel ride by the Bay, with few cars even when we are on paved roads. Starting from Burgess Park, we head towards the Bay and across 101 on the Menlo Park bike bridge. Return is inland via low traffic streets, avoiding the headwinds by the Bay. Leader recommends a gravel or city bike with 38mm tires or more.

The fourth Sunday of every month

B/2.5/25 4th SUNDAY - SARATOGA. Hello Social "B"s. Join us on a leisurely ride heading up Mt. Eden, then meandering through The Maze to downtown Saratoga where we will stop for a snack break in a local park (bring - no place to buy) before heading back via Seven Springs Parkway. Meet at McKenzie Park in Los Altos (near tennis courts) at 10am for 10:15 departure. Rain cancels. Check ride calendar for leader information. **Route sheet:** [4th Sunday B Ride \(Saratoga\)](#) or **GPS:** [Map/GPS File](#)

C/3/35 4th SUNDAY - LOS GATOS. Monthly ride to Los Gatos via Mt. Eden, Pierce, and Villa Montalvo. Lunch in the park in Los Gatos (bring or buy) and return through the Maze. This is a socially paced ride with mandatory regroupings, but faster riders will form a separate C+ group at the start. Meet at McKenzie Park in Los Altos at 10:00am for a 10:15 am departure. Check ride calendar for leader information. Rain cancels. **Route sheets/Maps:** [4th Sunday C Ride.](#)

Any Western Wheelers club member can propose a ride by using the online Ride Listing Assistant on the [Ride Leaders Resources page](#) or by sending a ride description containing complete details to:

addride@westernwheelers.org

Be sure to include date, title, start time/place, distance, rating, lunch arrangements, and your phone/email contact information. The earlier you list your ride, the more participation you are likely to have. There is no strict deadline, but please try to submit your ride at least two days before the ride. Do NOT email your listing directly to the email list(s).

Go [here](#) to read/post/subscribe to our club email list for ride cancellations, road conditions, and miscellaneous club ride topics.



Learn about [becoming a member](#)